

## SPLITS - 2019 BACK ON MY FEET 5 MILER

NOTE - FINAL TIMES LISTED HERE ARE BASED ON CHIP TIME NOT GUN TIME - HOWEVER THE OVERALL TOP 3 OVERALL AWARDS ARE BASED UPON GUNTIME

Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
1	1943	Josh Hibbs	PHILADELPHIA	PA M30-39	15:05	5:02	10:52	5:26	26:00	25:57	5:12	1/136	M30-39	1/379	M
2	1337	Doug Farber	WYNNEWOOD	PA M30-39	15:18	5:06	11:25	5:43	26:43	26:43	5:21	2/136	M30-39	2/379	M
3	1669	Evan Novakowski	PHILADELPHIA	PA M20-29	16:03	5:21	11:23	5:42	27:29	27:26	5:30	1/97	M20-29	3/379	M
4	1425	Timothy Appman	PITTSBURGH	PA M20-29	16:07	5:23	11:38	5:49	27:47	27:44	5:33	2/97	M20-29	4/379	M
5	1919	Breandan Lyman	PHILADELPHIA	PA M20-29	16:17	5:26	11:51	5:56	28:10	28:07	5:38	3/97	M20-29	5/379	M
6	1745	Zachary Smith	PHILADELPHIA	PA M30-39	16:26	5:29	11:46	5:53	28:15	28:11	5:39	3/136	M30-39	6/379	M
7	1180	Michael Riccio	PHILADELPHIA	PA M20-29	16:27	5:29	11:47	5:54	28:18	28:14	5:39	4/97	M20-29	7/379	M
8	848	Mark Burgmann	PHILADELPHIA	PA M30-39	16:29	5:30	12:05	6:03	28:36	28:33	5:43	4/136	M30-39	8/379	M
9	1514	Colin Eberhardt	PHILADELPHIA	PA M20-29	16:51	5:37	11:51	5:56	28:46	28:42	5:45	5/97	M20-29	9/379	M
10	1489	Marquis Cox	MOUNT LAUREL	NJ M20-29	16:43	5:35	12:15	6:08	29:00	28:57	5:48	6/97	M20-29	10/379	M
11	1846	Jim Bumbulsky	PHILADELPHIA	PA M30-39	16:51	5:37	12:09	6:05	29:03	29:00	5:48	5/136	M30-39	11/379	M
12	908	Anthony Diamond	PHILADELPHIA	PA M20-29	17:03	5:41	12:05	6:03	29:12	29:07	5:50	7/97	M20-29	12/379	M
13	803	Phil Adams	PHILADELPHIA	PA M20-29	16:43	5:35	12:32	6:16	29:18	29:15	5:51	8/97	M20-29	13/379	M
14	1845	Siobhan O'Connor	PHILADELPHIA	PA F30-39	17:05	5:42	12:18	6:09	29:26	29:22	5:53	1/201	F30-39	1/494	F
15	1934	David Bernstein	PHILADELPHIA	PA M30-39	16:56	5:39	12:47	6:24	29:48	29:43	5:57	6/136	M30-39	14/379	M
16	1380	Christopher Ott	PHILADELPHIA	PA M20-29	17:36	5:52	12:43	6:22	30:21	30:19	6:04	9/97	M20-29	15/379	M
17	1233	Connor Smyth	PHILADELPHIA	PA M20-29	17:53	5:58	12:27	6:14	30:26	30:19	6:04	10/97	M20-29	16/379	M
18	1413	Douglas Wallack	PHILADELPHIA	PA M20-29	17:36	5:52	12:55	6:28	30:33	30:31	6:07	11/97	M20-29	17/379	M
19	1853	Henry Notaro	NORTHFIELD	NJ M50-59	17:41	5:54	12:50	6:25	30:31	30:31	6:07	1/53	M50-59	18/379	M
20	1320	Abigail Cember	ARDMORE	PA F20-29	17:56	5:59	13:06	6:33	31:07	31:02	6:13	1/161	F20-29	2/494	F
21	1813	Joseph Rorem	NEWTONVILLE	NY M20-29	18:08	6:03	12:59	6:30	31:10	31:06	6:14	12/97	M20-29	19/379	M

22	1134	Tom Okane	PHILADELPHIA	PA M20-29	17:37	5:53	13:32	6:46	31:13	31:09	6:14	13/97	M20-29	20/379	M
23	922	Eric Elicker	PHILADELPHIA	PA M20-29	18:42	6:14	12:47	6:24	31:33	31:28	6:18	14/97	M20-29	21/379	M
24	1686	Gerard Pescatore	PHILADELPHIA	PA M40-49	17:39	5:53	13:51	6:56	31:33	31:30	6:18	1/66	M40-49	22/379	M
25	1927	Andy Cherry	PHILADELPHIA	PA M50-59	18:27	6:09	13:15	6:38	31:45	31:41	6:21	2/53	M50-59	23/379	M

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
26	1609	Brandon Lausch	SWARTHMORE	PA M30-39	18:37	6:13	13:07	6:34	31:57	31:44	6:21	7/136	M30-39	24/379	M
27	1855	Chris Shafer	EGG HARBOR TOWNS	NJ M50-59	18:38	6:13	13:10	6:35	31:52	31:48	6:22	3/53	M50-59	25/379	M
28	1930	William Guo	PHILADELPHIA	PA M20-29	18:41	6:14	13:07	6:34	31:55	31:48	6:22	15/97	M20-29	26/379	M
29	1771	Alex Tozzo	PHILADELPHIA	PA M30-39	18:43	6:15	13:14	6:37	32:01	31:57	6:24	8/136	M30-39	27/379	M
30	978	Pat Hayburn	GLENSIDE	PA M30-39	18:31	6:11	13:26	6:43	33:23	31:57	6:24	9/136	M30-39	28/379	M
31	1709	Nikolas Robbins	EAST STROUDSBURG	PA M20-29	18:30	6:10	13:31	6:46	32:09	32:01	6:25	16/97	M20-29	29/379	M
32	1126	Rebecca Nichols	PHILADELPHIA	PA F20-29	18:35	6:12	13:27	6:44	32:06	32:02	6:25	2/161	F20-29	3/494	F
33	926	David Elmets	PHILADELPHIA	PA M20-29	18:42	6:14	13:22	6:41	32:19	32:04	6:25	17/97	M20-29	30/379	M
34	1856	Neil Adige	PHILADELPHIA	PA M30-39	18:57	6:19	13:15	6:38	32:18	32:12	6:27	10/136	M30-39	31/379	M
35	1857	Mark Mulray	PHILADELPHIA	PA M30-39	18:57	6:19	13:20	6:40	32:28	32:16	6:28	11/136	M30-39	32/379	M
36	1443	Mikey Biffel	DOWNINGTOWN	PA M30-39	19:14	6:25	13:05	6:33	32:24	32:18	6:28	12/136	M30-39	33/379	M
37	976	Andrew Haughton	PHILADELPHIA	PA M30-39	19:02	6:21	13:17	6:39	32:23	32:18	6:28	13/136	M30-39	34/379	M
38	1513	Gene Dykes	BALA CYNWYD	PA M70+	19:12	6:24	13:09	6:35	32:25	32:20	6:28	1/3	M70+	35/379	M
39	1377	Lou Norella	PHILADELPHIA	PA M30-39	19:07	6:23	13:15	6:38	32:27	32:22	6:29	14/136	M30-39	36/379	M
40	1434	Graham Barrett	PHILADELPHIA	PA M20-29	19:01	6:21	13:24	6:42	32:32	32:25	6:29	18/97	M20-29	37/379	M

41	1393	Madelena Rizzo	PHILADELPHIA	PA F20-29	18:55	6:19	13:33	6:47	32:33	32:28	6:30	3/161	F20-29	4/494	F
42	1868	Richard I Bockari	WILLINGBORO	NJ M30-39	19:05	6:22	13:30	6:45	32:38	32:34	6:31	15/136	M30-39	38/379	M
43	1290	Anthony Wojciechow	PHILADELPHIA	PA M40-49	19:14	6:25	13:21	6:41	32:40	32:35	6:31	2/66	M40-49	39/379	M
44	1285	Marc Whittington	PHILADELPHIA	PA M20-29	18:52	6:18	13:59	7:00	32:59	32:50	6:34	19/97	M20-29	40/379	M
45	1659	Mohit Mukherji	PHILADELPHIA	PA M19&UND	18:23	6:08	14:44	7:22	33:15	33:07	6:38	1/3	M19&UND	41/379	M
46	1795	Bundy Wist	WEST CHESTER	PA M50-59	19:22	6:28	13:53	6:57	33:18	33:15	6:39	4/53	M50-59	42/379	M
47	1576	Nicholas Huffnagle	PHILADELPHIA	PA M20-29	19:27	6:29	14:12	7:06	33:56	33:39	6:44	20/97	M20-29	43/379	M
48	1632	Sean McCreesh	PHILADELPHIA	PA M20-29	20:00	6:40	13:44	6:52	34:18	33:44	6:45	21/97	M20-29	44/379	M
49	1149	Maria Paolillo	PHILADELPHIA	PA F20-29	19:30	6:30	14:15	7:08	33:50	33:45	6:45	4/161	F20-29	5/494	F
50	1258	Chris Turk	PHILADELPHIA	PA M40-49	19:57	6:39	13:54	6:57	33:57	33:50	6:46	3/66	M40-49	45/379	M

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51	1733	Steven Shedaker	PHILADELPHIA	PA M30-39	20:28	6:50	14:04	7:02	35:04	34:32	6:55	16/136	M30-39	46/379	M
52	845	Drew Brubaker	STRASBURG	PA M50-59	19:49	6:37	14:44	7:22	34:38	34:33	6:55	5/53	M50-59	47/379	M
53	932	Daniel Fichter	PHILADELPHIA	PA M20-29	20:32	6:51	14:02	7:01	35:24	34:33	6:55	22/97	M20-29	48/379	M
54	1051	Aaron Levine	PHILADELPHIA	PA M20-29	19:53	6:38	14:45	7:23	34:47	34:38	6:56	23/97	M20-29	49/379	M
55	973	Carlie Hanson	PHILADELPHIA	PA F30-39	20:06	6:42	14:33	7:17	34:44	34:38	6:56	2/201	F30-39	6/494	F
56	1108	Richard Mitteer	PHILADELPHIA	PA M30-39	20:17	6:46	14:24	7:12	34:48	34:40	6:56	17/136	M30-39	50/379	M
57	838	Rohan Brebion	PHILADELPHIA	PA M20-29	20:17	6:46	14:34	7:17	35:54	34:50	6:58	24/97	M20-29	51/379	M
58	898	Anthony Davis	ORELAND	PA M40-49	21:08	7:03	13:43	6:52	35:33	34:50	6:58	4/66	M40-49	52/379	M
59	1614	Brian Lentz	PHILADELPHIA	PA M40-49	20:18	6:46	14:43	7:22	35:09	35:00	7:00	5/66	M40-49	53/379	M

60	814	Jeff Baatz	PHILADELPHIA	PA M20-29	20:48	6:56	14:18	7:09	35:27	35:05	7:01	25/97	M20-29	54/379	M
61	1150	Jeffrey Pastva	PHILADELPHIA	PA M30-39	20:43	6:55	14:26	7:13	36:12	35:08	7:02	18/136	M30-39	55/379	M
62	1735	Malachi Shell	PHILADELPHIA	PA M20-29	21:09	7:03	14:03	7:02	35:54	35:12	7:03	26/97	M20-29	56/379	M
63	836	Lauren Brands	PHILADELPHIA	PA F20-29	20:38	6:53	14:35	7:18	35:45	35:12	7:03	5/161	F20-29	7/494	F
64	1257	Elaina Tully	PHILADELPHIA	PA F30-39	20:39	6:53	14:38	7:19	35:21	35:16	7:04	3/201	F30-39	8/494	F
65	1298	Devin Zuczek	SWARTHMORE	PA M30-39	20:52	6:58	14:34	7:17	35:47	35:26	7:06	19/136	M30-39	57/379	M
66	1350	Brian Heenan	PHILADELPHIA	PA M30-39	21:00	7:00	14:46	7:23	36:00	35:45	7:09	20/136	M30-39	58/379	M
67	1184	Jakob Riz	PHILADELPHIA	PA M19&UND	20:49	6:57	14:58	7:29	35:50	35:46	7:10	2/3	M19&UND	59/379	M
68	1517	Reid Eichelberger	PHILADELPHIA	PA M30-39	21:44	7:15	14:09	7:05	36:03	35:52	7:11	21/136	M30-39	60/379	M
69	1737	Nathaniel Short	DORCHESTER	MA M30-39	21:44	7:15	14:10	7:05	36:04	35:53	7:11	22/136	M30-39	61/379	M
70	1621	Nicholas Malfitano	PHILADELPHIA	PA M30-39	20:44	6:55	15:10	7:35	36:27	35:54	7:11	23/136	M30-39	62/379	M
71	810	Alexander Amati	PHILADELPHIA	PA M20-29	21:34	7:12	14:21	7:11	36:15	35:54	7:11	27/97	M20-29	63/379	M
72	1526	Kellilyn Fierras	DORCHESTER	MA F30-39	21:44	7:15	14:12	7:06	36:06	35:55	7:11	4/201	F30-39	9/494	F
73	1092	Abby McGill	BRONX	NY F30-39	21:17	7:06	14:41	7:21	36:02	35:57	7:12	5/201	F30-39	10/494	F
74	1369	Sherman McLeod	WYNNEWOOD	PA M40-49	21:15	7:05	14:49	7:25	36:49	36:03	7:13	6/66	M40-49	64/379	M
75	1630	Chris McCrea	HUNTINGDON VALLE	PA M50-59	21:17	7:06	14:48	7:24	36:24	36:05	7:13	6/53	M50-59	65/379	M

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76	1519	Dan Ellis	ORELAND	PA M30-39	20:49	6:57	15:17	7:39	36:14	36:05	7:13	24/136	M30-39	66/379	M
77	892	Chris Curcio	PHILADELPHIA	PA M30-39	20:47	6:56	15:23	7:42	36:13	36:10	7:14	25/136	M30-39	67/379	M
78	982	Jordan Heichel	GARNET VALLEY	PA M30-39	21:18	7:06	15:02	7:31	36:45	36:20	7:16	26/136	M30-39	68/379	M

79	884	John Combs	PHILADELPHIA	PA M30-39	21:58	7:20	14:25	7:13	36:55	36:23	7:17	27/136	M30-39	69/379	M
80	1728	Mitch Schwartz	MEDFORD	NJ M50-59	21:11	7:04	15:14	7:37	36:39	36:25	7:17	7/53	M50-59	70/379	M
81	1284	Kate Whittington	PHILADELPHIA	PA F20-29	21:41	7:14	14:47	7:24	36:37	36:27	7:18	6/161	F20-29	11/494	F
82	1869	Colin Behr	PHILADELPHIA	PA M30-39	20:57	6:59	15:40	7:50	36:52	36:36	7:20	28/136	M30-39	71/379	M
83	859	Timothy Campbell	NEW YORK	NY M30-39	21:22	7:08	15:15	7:38	37:59	36:37	7:20	29/136	M30-39	72/379	M
84	1592	Colin Keiffer	PHILADELPHIA	PA M30-39	21:04	7:02	15:34	7:47	36:46	36:38	7:20	30/136	M30-39	73/379	M
85	1665	Scott Newcomb	NARBERTH	PA M40-49	21:31	7:11	15:10	7:35	37:22	36:40	7:20	7/66	M40-49	74/379	M
86	902	Christina Del Casa	PHILADELPHIA	PA F20-29	21:38	7:13	15:02	7:31	36:53	36:40	7:20	7/161	F20-29	12/494	F
87	809	Dylan Alper	PHILADELPHIA	PA M30-39	21:30	7:10	15:10	7:35	37:21	36:40	7:20	31/136	M30-39	75/379	M
88	1530	Laura Fronduti	PHILADELPHIA	PA F30-39	21:17	7:06	15:27	7:44	36:51	36:43	7:21	6/201	F30-39	13/494	F
89	1780	Emily Verderame	PHILADELPHIA	PA F20-29	21:42	7:14	15:11	7:36	37:01	36:52	7:23	8/161	F20-29	14/494	F
90	1001	Gina Hostetler	PHILADELPHIA	PA F20-29	21:41	7:14	15:15	7:38	37:05	36:55	7:23	9/161	F20-29	15/494	F
91	1926	Timothy Duncan	PHILADELPHIA	PA M30-39	22:07	7:23	14:57	7:29	37:23	37:03	7:25	32/136	M30-39	76/379	M
92	1828	Lionel Nicolau	PHILADELPHIA	PA M30-39	21:07	7:03	15:58	7:59	37:19	37:04	7:25	33/136	M30-39	77/379	M
93	1721	Edwarner Ruffin	BENSALEM	PA M50-59	22:16	7:26	14:49	7:25	37:50	37:04	7:25	8/53	M50-59	78/379	M
94	1398	Michael Schuster	PHILADELPHIA	PA M30-39	22:17	7:26	14:53	7:27	37:21	37:09	7:26	34/136	M30-39	79/379	M
95	971	Matthew Hall	PHILADELPHIA	PA M40-49	21:44	7:15	15:28	7:44	37:20	37:12	7:27	8/66	M40-49	80/379	M
96	1875	Brett Harder	LEVITTOWN	PA M20-29	22:00	7:20	15:21	7:41	38:52	37:20	7:28	28/97	M20-29	81/379	M
97	1420	Norma Abbattista	PHILADELPHIA	PA F20-29	22:00	7:20	15:25	7:43	38:46	37:25	7:29	10/161	F20-29	16/494	F
98	1464	William Carpenter	PHILADELPHIA	PA M30-39	22:15	7:25	15:11	7:35	38:20	37:25	7:29	35/136	M30-39	82/379	M
99	1444	Kyle Binder	PHILADELPHIA	PA M30-39	22:22	7:28	15:04	7:32	37:47	37:26	7:30	36/136	M30-39	83/379	M
100	1469	Miranda Cento	PHILADELPHIA	PA F20-29	21:46	7:16	15:47	7:54	37:51	37:33	7:31	11/161	F20-29	17/494	F

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101	1207	Erika Schmitt	PHILADELPHIA	PA F30-39	21:51	7:17	15:51	7:56	38:12	37:41	7:33	7/201	F30-39	18/494	F
102	1999	Joseph Lynch	PHILADELPHIA	PA M30-39	22:08	7:23	15:34	7:47	38:17	37:42	7:33	37/136	M30-39	84/379	M
103	944	Marissa Fritz	BLUE BELL	PA F20-29	21:37	7:13	16:08	8:04	37:56	37:44	7:33	12/161	F20-29	19/494	F
104	1124	Lisa Newman	PHILADELPHIA	PA F50-59	22:04	7:22	15:44	7:52	37:59	37:48	7:34	1/41	F50-59	20/494	F
105	1708	Katherine Robb	PHILADELPHIA	PA F20-29	22:12	7:24	15:38	7:49	38:32	37:49	7:34	13/161	F20-29	21/494	F
106	1667	Garrison Nord	PHILADELPHIA	PA M20-29	21:37	7:13	16:13	8:07	38:06	37:49	7:34	29/97	M20-29	85/379	M
107	1666	Ellen Nord	PHILADELPHIA	PA F20-29	21:37	7:13	16:13	8:07	38:06	37:49	7:34	14/161	F20-29	22/494	F
108	1005	Meredith Hritz	PHILADELPHIA	PA F20-29	21:54	7:18	15:56	7:58	38:00	37:50	7:34	15/161	F20-29	23/494	F
109	1021	Lauren Jones	PHILADELPHIA	PA F20-29	22:19	7:27	15:31	7:46	37:59	37:50	7:34	16/161	F20-29	24/494	F
110	1945	Juan Ortega Legasp	PHILADELPHIA	PA M30-39	22:34	7:32	15:18	7:39	39:04	37:52	7:35	38/136	M30-39	86/379	M
111	834	Adrianna Borgia	SWARTHMORE	PA F30-39	21:59	7:20	15:54	7:57	38:44	37:52	7:35	8/201	F30-39	25/494	F
112	1195	Tonya Russell	WOODBURY	NJ F30-39	21:54	7:18	16:01	8:01	38:07	37:54	7:35	9/201	F30-39	26/494	F
113	1205	Aliza Schmidt	PHILADELPHIA	PA F40-49	22:29	7:30	15:29	7:45	38:09	37:57	7:36	1/74	F40-49	27/494	F
114	867	Sirron Carreector	PHILADELPHIA	PA M30-39	21:48	7:16	16:18	8:09	38:11	38:05	7:37	39/136	M30-39	87/379	M
115	1588	Veronica Jones	PHILADELPHIA	PA F20-29	22:19	7:27	15:51	7:56	38:19	38:09	7:38	17/161	F20-29	28/494	F
116	993	Benjamin Hollin	PHILADELPHIA	PA M30-39	22:51	7:37	15:21	7:41	38:32	38:11	7:39	40/136	M30-39	88/379	M
117	1744	Valerie Smith	ROEBLING	NJ F50-59	22:04	7:22	16:08	8:04	38:45	38:12	7:39	2/41	F50-59	29/494	F
118	821	Ceasar Bautista	PHILADELPHIA	PA M50-59	22:25	7:29	15:51	7:56	38:26	38:15	7:39	9/53	M50-59	89/379	M
119	1129	Kristen O'Connell	FLOURTOWN	PA F20-29	22:49	7:37	15:33	7:47	38:33	38:21	7:41	18/161	F20-29	30/494	F
120	1254	William Trevethick	PHILADELPHIA	PA F30-39	22:00	7:20	16:26	8:13	39:02	38:26	7:42	10/201	F30-39	31/494	F
121	1041	Peter Kramer	PHILADELPHIA	PA M20-29	23:23	7:48	15:05	7:33	39:39	38:28	7:42	30/97	M20-29	90/379	M
122	1063	Sean Mahon	HADDONFIELD	NJ M30-39	22:39	7:33	15:52	7:56	38:42	38:30	7:42	41/136	M30-39	91/379	M

123	1553	Evan Guerin	PHILADELPHIA	PA M20-29	22:52	7:38	15:44	7:52	39:18	38:36	7:44	31/97	M20-29	92/379	M
124	1328	Daniel Crossland	LEWISBURG	PA M20-29	22:54	7:38	15:42	7:51	39:18	38:36	7:44	32/97	M20-29	93/379	M
125	1179	Michael Reynolds	PHILADELPHIA	PA M20-29	22:34	7:32	16:04	8:02	38:43	38:37	7:44	33/97	M20-29	94/379	M

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
126	1750	Bryan Spence	PHILADELPHIA	PA M20-29	22:18	7:26	16:27	8:14	39:03	38:45	7:45	34/97	M20-29	95/379	M
127	1224	Steve Sloan	NORRISTOWN	PA M60-69	22:45	7:35	16:01	8:01	38:58	38:45	7:45	1/21	M60-69	96/379	M
128	893	William Curtin	PHILADELPHIA	PA M30-39	23:11	7:44	15:38	7:49	39:05	38:48	7:46	42/136	M30-39	97/379	M
129	1081	Lauren McCabe	HADDONFIELD	NJ F30-39	23:06	7:42	15:44	7:52	40:24	38:49	7:46	11/201	F30-39	32/494	F
130	1201	David Sauvagnat	PHILADELPHIA	PA M40-49	22:50	7:37	16:07	8:04	39:06	38:56	7:48	9/66	M40-49	98/379	M
131	1038	Danielle Kocher	PHILADELPHIA	PA F20-29	23:33	7:51	15:27	7:44	39:12	39:00	7:48	19/161	F20-29	33/494	F
132	1007	Brad Hubbard	PHILADELPHIA	PA M30-39	22:39	7:33	16:21	8:11	39:47	39:00	7:48	43/136	M30-39	99/379	M
133	1604	Drew Kmetz	PHILADELPHIA	PA M30-39	22:43	7:35	16:20	8:10	39:26	39:02	7:49	44/136	M30-39	100/379	M
134	1541	Shannon Geddes	PHILADELPHIA	PA F20-29	23:08	7:43	15:55	7:58	40:23	39:03	7:49	20/161	F20-29	34/494	F
135	1838	Michael Abbattista	PHILADELPHIA	PA M20-29	23:09	7:43	15:55	7:58	40:24	39:04	7:49	35/97	M20-29	101/379	M
136	1705	Matthew Right	WEST PALM BEACH	FL M40-49	22:32	7:31	16:33	8:17	39:08	39:04	7:49	10/66	M40-49	102/379	M
137	1156	Matti Perilstein	PHILADELPHIA	PA F30-39	22:49	7:37	16:15	8:08	39:15	39:04	7:49	12/201	F30-39	35/494	F
138	1343	Jonathan Goulet	PHILADELPHIA	PA M30-39	22:59	7:40	16:07	8:04	39:19	39:05	7:49	45/136	M30-39	103/379	M
139	1849	Stanley Niemczak1	SOUTHAMPTON	PA M40-49	23:09	7:43	15:58	7:59	40:02	39:06	7:50	11/66	M40-49	104/379	M
140	1310	Andrew Bechtel	PHILADELPHIA	PA M30-39	22:41	7:34	16:28	8:14	40:24	39:08	7:50	46/136	M30-39	105/379	M
141	1275	Emily Weiss	PHILADELPHIA	PA F20-29	22:46	7:36	16:25	8:13	39:30	39:10	7:50	21/161	F20-29	36/494	F

142	1730	Ryan Scott	PAOLI	PA M30-39	23:32	7:51	15:39	7:50	39:54	39:11	7:51	47/136	M30-39	106/379	M
143	833	Chaz Bonner	PHILADELPHIA	PA M30-39	22:28	7:30	16:44	8:22	39:32	39:12	7:51	48/136	M30-39	107/379	M
144	1292	Angela Wollard	BRISTOL	PA F20-29	22:59	7:40	16:15	8:08	39:32	39:14	7:51	22/161	F20-29	37/494	F
145	1360	Rayna Kratchman	PHILADELPHIA	PA F20-29	22:54	7:38	16:20	8:10	39:45	39:14	7:51	23/161	F20-29	38/494	F
146	865	Madeline Carr	PHILADELPHIA	PA F20-29	22:37	7:33	16:38	8:19	39:36	39:15	7:51	24/161	F20-29	39/494	F
147	1208	Marva Schodel	PHILADELPHIA	PA F40-49	22:37	7:33	16:39	8:20	39:19	39:15	7:51	2/74	F40-49	40/494	F
148	1059	Christopher Lombro	PHILADELPHIA	PA M30-39	23:08	7:43	16:09	8:05	39:30	39:17	7:52	49/136	M30-39	108/379	M
149	1940	Nicole Garcia	NEW HYDE PARK	NY F19&UND	22:59	7:40	16:26	8:13	40:21	39:25	7:53	1/3	F19&UND	41/494	F
150	1229	Jessica Smith	PHILADELPHIA	PA F30-39	22:45	7:35	16:45	8:23	39:42	39:29	7:54	13/201	F30-39	42/494	F

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
151	1214	Sarah Shotwell	OAKLYN	NJ F20-29	23:15	7:45	16:15	8:08	39:51	39:29	7:54	25/161	F20-29	43/494	F
152	960	Josh Gordon	PHILADELPHIA	PA M30-39	23:49	7:57	15:47	7:54	40:11	39:36	7:55	50/136	M30-39	109/379	M
153	1215	Katelyn Shub	PHILADELPHIA	PA F30-39	23:51	7:57	15:46	7:53	40:11	39:36	7:56	14/201	F30-39	44/494	F
154	1566	Andrea Hill	NORTH WALES	PA F20-29	23:54	7:58	15:45	7:53	40:06	39:38	7:56	26/161	F20-29	45/494	F
155	1096	Bill McKenna	PHILADELPHIA	PA M60-69	23:09	7:43	16:30	8:15	39:55	39:39	7:56	2/21	M60-69	110/379	M
156	1465	Rita Carroll	PHILADELPHIA	PA F20-29	23:02	7:41	16:40	8:20	39:56	39:41	7:57	27/161	F20-29	46/494	F
157	1066	Melissa Mang	PHILADELPHIA	PA F30-39	23:03	7:41	16:41	8:21	39:55	39:44	7:57	15/201	F30-39	47/494	F
158	1523	Jacob Feiertag	ZIONSVILLE	PA M20-29	24:00	8:00	15:46	7:53	39:53	39:46	7:58	36/97	M20-29	111/379	M
159	1748	Madeline Soffer	PHILADELPHIA	PA F20-29	23:05	7:42	16:41	8:21	40:22	39:46	7:58	28/161	F20-29	48/494	F
160	1474	Randolph Clever	PHILADELPHIA	PA M60-69	23:42	7:54	16:06	8:03	40:03	39:47	7:58	3/21	M60-69	112/379	M



161	939	Anne Fosnocht	PHILADELPHIA	PA F20-29	23:07	7:43	16:44	8:22	40:05	39:51	7:59	29/161	F20-29	49/494	F
162	935	Julia Fishburn	PHILADELPHIA	PA F20-29	23:28	7:50	16:26	8:13	40:03	39:54	7:59	30/161	F20-29	50/494	F
163	1311	Cassy Beckowski	UPPER DARBY	PA F30-39	23:06	7:42	16:50	8:25	41:05	39:56	8:00	16/201	F30-39	51/494	F
164	1571	Evan Hoey	NORTH WALES	PA M20-29	23:54	7:58	16:05	8:03	40:26	39:58	8:00	37/97	M20-29	113/379	M
165	824	Kenyon Benson	PHILADELPHIA	PA M40-49	23:31	7:51	16:27	8:14	41:38	39:58	8:00	12/66	M40-49	114/379	M
166	951	Mark Garman	PHILADELPHIA	PA M30-39	23:38	7:53	16:21	8:11	41:30	39:59	8:00	51/136	M30-39	115/379	M
167	862	Angelique Caraball	PHILADELPHIA	PA F20-29	22:54	7:38	17:06	8:33	41:18	39:59	8:00	31/161	F20-29	52/494	F
168	1231	Tim Smith	PHILADELPHIA	PA M30-39	23:34	7:52	16:26	8:13	41:06	40:00	8:00	52/136	M30-39	116/379	M
169	829	Allison Bishop	PHILADELPHIA	PA F30-39	23:39	7:53	16:24	8:12	40:28	40:02	8:01	17/201	F30-39	53/494	F
170	1692	Kimberly Plank	PHILADELPHIA	PA F30-39	22:47	7:36	17:16	8:38	40:31	40:03	8:01	18/201	F30-39	54/494	F
171	1117	Brian Muratore	PHOENIXVILLE	PA M30-39	23:44	7:55	16:22	8:11	41:18	40:05	8:01	53/136	M30-39	117/379	M
172	1774	Mark Utke	PHILADELPHIA	PA M50-59	23:27	7:49	16:40	8:20	41:24	40:06	8:02	10/53	M50-59	118/379	M
173	1235	Vanessa Stella	PHILADELPHIA	PA F30-39	23:05	7:42	17:03	8:32	40:15	40:08	8:02	19/201	F30-39	55/494	F
174	1678	Jack Paris	COLLEGEVILLE	PA M20-29	23:17	7:46	16:52	8:26	40:50	40:08	8:02	38/97	M20-29	119/379	M
175	1381	Sarah Park	PHILADELPHIA	PA F30-39	23:30	7:50	16:42	8:21	40:21	40:11	8:03	20/201	F30-39	56/494	F

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
176	1147	Patrick Pang	GLADWYNE	PA M50-59	23:15	7:45	16:57	8:29	40:22	40:11	8:03	11/53	M50-59	120/379	M
177	1483	Cooper Cooper	PHILADELPHIA	PA M30-39	23:41	7:54	16:31	8:16	40:27	40:11	8:03	54/136	M30-39	121/379	M
178	1655	Linda Morse	HAVERTOWN	PA F20-29	24:15	8:05	15:59	8:00	41:20	40:14	8:03	32/161	F20-29	57/494	F
179	1726	Ross Schrifman	HORSHAM	PA M60-69	23:43	7:55	16:35	8:18	40:23	40:17	8:04	4/21	M60-69	122/379	M

180	1047	Mike Lauer	PHILADELPHIA	PA M20-29	23:25	7:49	16:57	8:29	41:16	40:22	8:05	39/97	M20-29	123/379	M
181	1785	Daniel Walsh	CHERRY HILL	NJ M20-29	23:33	7:51	16:50	8:25	40:37	40:23	8:05	40/97	M20-29	124/379	M
182	1786	David Walsh	CHERRY HILL	NJ M50-59	23:33	7:51	16:51	8:26	40:37	40:23	8:05	12/53	M50-59	125/379	M
183	1305	Stephen Ashbolt	PHILADELPHIA	PA M20-29	23:30	7:50	16:54	8:27	41:26	40:24	8:05	41/97	M20-29	126/379	M
184	991	Malinda Ann Hill	WYNNEWOOD	PA F40-49	23:56	7:59	16:32	8:16	40:39	40:27	8:06	3/74	F40-49	58/494	F
185	1358	Jeremy Jordan	PHILADELPHIA	PA M20-29	24:11	8:04	16:17	8:09	41:10	40:28	8:06	42/97	M20-29	127/379	M
186	998	Anna Hooven	PHILADELPHIA	PA F30-39	24:30	8:10	16:00	8:00	42:09	40:29	8:06	21/201	F30-39	59/494	F
187	999	Theodore Hooven	PHILADELPHIA	PA M30-39	24:30	8:10	16:01	8:01	42:09	40:30	8:06	55/136	M30-39	128/379	M
188	1499	Erica Desolis	PHILADELPHIA	PA F30-39	24:11	8:04	16:24	8:12	40:59	40:34	8:07	22/201	F30-39	60/494	F
189	1764	Chris Tempro	ALLENTOWN	PA M60-69	22:22	7:28	18:13	9:07	41:22	40:35	8:07	5/21	M60-69	129/379	M
190	1485	Bridget Corry Mors	HAVERTOWN	PA F50-59					40:35	40:35	8:07	3/41	F50-59	61/494	F
191	1487	Chelsea Costa	SOUTHAMPTON	PA F20-29	24:24	8:08	16:19	8:10	41:07	40:43	8:09	33/161	F20-29	62/494	F
192	844	Gary Brown, Jr	PHILADELPHIA	PA M40-49	23:56	7:59	16:49	8:25	41:10	40:45	8:09	13/66	M40-49	130/379	M
193	1805	Bryan Ziegenfuse	WAYNE	PA M30-39	24:08	8:03	16:42	8:21	42:05	40:49	8:10	56/136	M30-39	131/379	M
194	1169	Allie Raevsky	PHILADELPHIA	PA F20-29	24:03	8:01	16:47	8:24	41:19	40:50	8:10	34/161	F20-29	63/494	F
195	1876	Brian Schnoll	PHILADELPHIA	PA M40-49	23:50	7:57	17:01	8:31	41:27	40:50	8:10	14/66	M40-49	132/379	M
196	1127	Spencer Nush	PHILADELPHIA	PA F20-29	23:39	7:53	17:13	8:37	41:29	40:51	8:11	35/161	F20-29	64/494	F
197	1115	George Morse Iv	PHILADELPHIA	PA M30-39	24:12	8:04	16:43	8:22	41:35	40:55	8:11	57/136	M30-39	133/379	M
198	1143	Jacqueline Palmer	PHILADELPHIA	PA F30-39	24:42	8:14	16:14	8:07	42:32	40:55	8:11	23/201	F30-39	65/494	F
199	962	Stacey Greenspan	WAYNE	PA F30-39	23:26	7:49	17:31	8:46	41:27	40:57	8:12	24/201	F30-39	66/494	F
200	1178	Joy Reynolds	PHILADELPHIA	PA F30-39	24:07	8:03	16:50	8:25	41:03	40:57	8:12	25/201	F30-39	67/494	F

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=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
201	1269	Noah Volain	PHILADELPHIA	PA M30-39	23:51	7:57	17:08	8:34	42:22	40:59	8:12	58/136	M30-39	134/379	M
202	1006	Stephanie Hu	PHILADELPHIA	PA F30-39	23:49	7:57	17:18	8:39	41:54	41:06	8:14	26/201	F30-39	68/494	F
203	1832	Heath McCormick	NORRISTOWN	PA M30-39	24:06	8:02	17:01	8:31	41:32	41:07	8:14	59/136	M30-39	135/379	M
204	1055	Vas Litkewycz	PHILADELPHIA	PA M40-49	23:25	7:49	17:46	8:53	41:23	41:10	8:14	15/66	M40-49	136/379	M
205	1693	Matthew Powell	PHILADELPHIA	PA M20-29	24:19	8:07	16:52	8:26	42:48	41:11	8:15	43/97	M20-29	137/379	M
206	874	Ben Challis	PHILADELPHIA	PA M20-29	24:23	8:08	16:50	8:25	41:48	41:12	8:15	44/97	M20-29	138/379	M
207	1151	Vinay Patel	PHILADELPHIA	PA M20-29	24:01	8:01	17:13	8:37	41:21	41:13	8:15	45/97	M20-29	139/379	M
208	1446	Tahir Bradley	RIVERSIDE	NJ M40-49	25:07	8:23	16:07	8:04	42:02	41:14	8:15	16/66	M40-49	140/379	M
209	1472	Albert Chisholm	PHILADELPHIA	PA M50-59	24:02	8:01	17:13	8:37	41:21	41:15	8:15	13/53	M50-59	141/379	M
210	1790	Michael Warner	CHADDS FORD	PA M30-39	24:13	8:05	17:03	8:32	42:07	41:15	8:15	60/136	M30-39	142/379	M
211	1941	Loren Grossman	PHILADELPHIA	PA M50-59	24:47	8:16	16:30	8:15	41:25	41:16	8:16	14/53	M50-59	143/379	M
212	1099	Jacqueline McMahon	PHILADELPHIA	PA F30-39	23:39	7:53	17:47	8:54	41:44	41:25	8:17	27/201	F30-39	69/494	F
213	1516	Kyle Edwards	PHILADELPHIA	PA M30-39	24:04	8:02	17:23	8:42	42:16	41:27	8:18	61/136	M30-39	144/379	M
214	1435	Dave Bayo	--	M50-59	23:57	7:59	17:30	8:45	41:40	41:27	8:18	15/53	M50-59	145/379	M
215	1318	Adam Carmasine	RICHBORO	PA M30-39	24:02	8:01	17:27	8:44	41:51	41:29	8:18	62/136	M30-39	146/379	M
216	970	Daniel Hall	PHILADELPHIA	PA M30-39	24:08	8:03	17:23	8:42	42:43	41:30	8:18	63/136	M30-39	147/379	M
217	1608	Abby Lausch	SWARTHMORE	PA F30-39	24:43	8:15	16:50	8:25	42:15	41:32	8:19	28/201	F30-39	70/494	F
218	1860	Ron Jackson	WILLIAMSTOWN	NJ M50-59	23:53	7:58	17:42	8:51	42:14	41:35	8:19	16/53	M50-59	148/379	M
219	1486	Alexandra Costa	PHILADELPHIA	PA F20-29	24:54	8:18	16:42	8:21	42:49	41:35	8:19	36/161	F20-29	71/494	F
220	1663	Andrew Nastasiak	WYNCOTE	PA M30-39	23:24	7:48	18:13	9:07	41:48	41:37	8:20	64/136	M30-39	149/379	M
221	1695	Gordon Powley	WAYNE	PA M50-59	25:11	8:24	16:27	8:14	42:32	41:37	8:20	17/53	M50-59	150/379	M
222	1162	Mary Kate Poole	PHILADELPHIA	PA F20-29	24:45	8:15	16:53	8:27	43:07	41:38	8:20	37/161	F20-29	72/494	F
223	1766	Lauren Thompson	PHOENIXVILLE	PA F30-39	24:21	8:07	17:18	8:39	41:56	41:39	8:20	29/201	F30-39	73/494	F

224	1189	Brendan Rogan	PHILADELPHIA	PA M20-29	24:45	8:15	16:54	8:27	43:08	41:39	8:20	46/97	M20-29	151/379	M
225	1144	Megan Panaccio	PHILADELPHIA	PA F40-49	24:30	8:10	17:11	8:36	42:06	41:40	8:20	4/74	F40-49	74/494	F

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226	1253	Anna Tranfaglia	CAPE ELIZABETH	ME F20-29	23:56	7:59	17:45	8:53	42:09	41:40	8:20	38/161	F20-29	75/494	F
227	1944				24:33	8:11	17:09	8:35		41:42	8:21				
228	931	Lauren Feder	PHILADELPHIA	PA F20-29	25:01	8:21	16:41	8:21	42:02	41:42	8:21	39/161	F20-29	76/494	F
229	1196	Henry Ryan	GLENSIDE	PA M20-29	24:15	8:05	17:28	8:44	42:40	41:42	8:21	47/97	M20-29	152/379	M
230	950	Harry Garcia	PHILADELPHIA	PA M30-39	24:30	8:10	17:14	8:37	42:37	41:43	8:21	65/136	M30-39	153/379	M
231	1613	Kareem Lee	FEASTERVILLE TRE	PA M30-39	23:36	7:52	18:08	9:04	42:29	41:43	8:21	66/136	M30-39	154/379	M
232	1329	Jen Davidson	PHILADELPHIA	PA F30-39	24:30	8:10	17:16	8:38	42:15	41:45	8:21	30/201	F30-39	77/494	F
233	1453	Matthew Brydebell	ORELAND	PA M30-39	23:52	7:58	17:54	8:57	42:11	41:45	8:21	67/136	M30-39	155/379	M
234	1574	Kevin Howard	ARDMORE	PA M19&UND	24:47	8:16	17:02	8:31	43:15	41:48	8:22	3/3	M19&UND	156/379	M
235	1835	Colleen Logan	HOOKSETT	NH F20-29	25:17	8:26	16:32	8:16	42:44	41:48	8:22	40/161	F20-29	78/494	F
236	925	Elizabeth Elmendor	PHILADELPHIA	PA F30-39	24:19	8:07	17:31	8:46	42:56	41:49	8:22	31/201	F30-39	79/494	F
237	965	Alia Grimes	HADDONFIELD	NJ F30-39	24:50	8:17	17:01	8:31	41:57	41:50	8:22	32/201	F30-39	80/494	F
238	818	Maya Bass	HADDONFIELD	NJ F30-39	25:08	8:23	16:44	8:22	42:15	41:51	8:23	33/201	F30-39	81/494	F
239	813	Ben Attix	HUNTINGDON VALLE	PA M20-29	24:20	8:07	17:32	8:46	42:06	41:52	8:23	48/97	M20-29	157/379	M
240	1335	Kevin Egan	PHILADELPHIA	PA M40-49	25:10	8:24	16:51	8:26	42:22	42:00	8:24	17/66	M40-49	158/379	M
241	1834	Kasie Bourque	HOOKSETT	NH F20-29	25:14	8:25	16:53	8:27	43:03	42:07	8:26	41/161	F20-29	82/494	F
242	1925	Karan Shah	PHILADELPHIA	PA M20-29	24:58	8:19	17:21	8:41	43:29	42:18	8:28	49/97	M20-29	159/379	M

243	1345	Moriah Hall	PHILADELPHIA	PA F30-39	25:06	8:22	17:12	8:36	43:55	42:18	8:28	34/201	F30-39	83/494	F
244	1758	Jimmy Sutton	PHILADELPHIA	PA M30-39	26:23	8:48	15:57	7:59	44:10	42:19	8:28	68/136	M30-39	160/379	M
245	1769	Edward Toppi	FALLSTON	MD M50-59	24:44	8:15	17:36	8:48	43:24	42:19	8:28	18/53	M50-59	161/379	M
246	948	Timothy Galbraith	PHILADELPHIA	PA M20-29	24:29	8:10	17:52	8:56	42:42	42:21	8:29	50/97	M20-29	162/379	M
247	1163	Dan Prendergast	PHILADELPHIA	PA M30-39	25:08	8:23	17:14	8:37	43:36	42:21	8:29	69/136	M30-39	163/379	M
248	1827	Joseph Collins	SICKLERVILLE	NJ M50-59	25:08	8:23	17:15	8:38	43:09	42:22	8:29	19/53	M50-59	164/379	M
249	1372	Andrea Meyers	PHILADELPHIA	PA F30-39	24:58	8:20	17:24	8:42	43:33	42:22	8:29	35/201	F30-39	84/494	F
250	1362	Tony Lapp	PHILADELPHIA	PA M50-59	25:22	8:28	17:02	8:31	43:42	42:23	8:29	20/53	M50-59	165/379	M

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SPLITS - 2019 BACK ON MY FEET 5 MILER

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
251	873	Valentin Centeno	PHILADELPHIA	PA M40-49	25:42	8:34	16:44	8:22	43:47	42:25	8:29	18/66	M40-49	166/379	M
252	927	Tara Elnitski	PHILADELPHIA	PA F20-29	24:50	8:17	17:37	8:49	42:51	42:27	8:30	42/161	F20-29	85/494	F
253	1436	Graeme Beavers	PHILADELPHIA	PA M50-59	24:38	8:13	17:49	8:55	42:45	42:27	8:30	21/53	M50-59	167/379	M
254	1371	Morgan Mesko	PHILADELPHIA	PA F30-39	25:31	8:31	16:56	8:28	43:02	42:27	8:30	36/201	F30-39	86/494	F
255	1070	Jessica Marinelli	PHILADELPHIA	PA F30-39	24:55	8:19	17:36	8:48	42:46	42:31	8:31	37/201	F30-39	87/494	F
256	1651	Timothy Moore	WEST DEPTFORD	M40-49	24:22	8:08	18:12	9:06	42:44	42:34	8:31	19/66	M40-49	168/379	M
257	1579	Katelyn Inman	PHILADELPHIA	PA F30-39	24:36	8:12	18:02	9:01	42:50	42:37	8:32	38/201	F30-39	88/494	F
258	984	Kristin Heinly	PHILADELPHIA	PA F30-39	25:02	8:21	17:36	8:48	43:34	42:38	8:32	39/201	F30-39	89/494	F
259	1236	Christopher Stepha	PHILADELPHIA	PA M30-39	25:14	8:25	17:24	8:42	43:55	42:38	8:32	70/136	M30-39	169/379	M
260	1192	Javier Rosado	PHILADELPHIA	PA M30-39	25:05	8:22	17:36	8:48	43:13	42:40	8:32	71/136	M30-39	170/379	M
261	1559	Brook Hastings	PLYMOUTH MEETING	PA F30-39	25:17	8:26	17:24	8:42	43:11	42:40	8:32	40/201	F30-39	90/494	F

262	1661	Sarah Murphy	SHREWSBURY	NJ F20-29	24:53	8:18	17:49	8:55	43:17	42:41	8:33	43/161	F20-29	91/494	F
263	1580	Seember Ityokumbul	PHILADELPHIA	PA F30-39	25:45	8:35	16:57	8:29	43:34	42:42	8:33	41/201	F30-39	92/494	F
264	1767	Sydney Thomson	GLOUCESTER CITY	NJ F20-29	24:53	8:18	17:49	8:55	43:18	42:42	8:33	44/161	F20-29	93/494	F
265	1820	Corrin Marrazzo	PHILADELPHIA	PA F30-39	25:38	8:33	17:07	8:34	43:37	42:44	8:33	42/201	F30-39	94/494	F
266	1819	Danny Burke	PHILADELPHIA	PA M30-39	25:37	8:33	17:07	8:34	43:38	42:44	8:33	72/136	M30-39	171/379	M
267	1753	Catherine Stier	PHILADELPHIA	PA F30-39	25:06	8:22	17:45	8:53	44:05	42:51	8:35	43/201	F30-39	95/494	F
268	869	Paul Carroll	PHILADELPHIA	PA M50-59	25:00	8:20	17:52	8:56	43:07	42:52	8:35	22/53	M50-59	172/379	M
269	1616	Christopher Lopez	PHILADELPHIA	PA M30-39	24:47	8:16	18:07	9:04	44:26	42:54	8:35	73/136	M30-39	173/379	M
270	1933	Nick Pomponio	SEWELL	NJ M60-69	25:00	8:20	17:57	8:59	43:32	42:56	8:36	6/21	M60-69	174/379	M
271	1454	Michael Bryson	PHOENIXVILLE	PA M50-59	25:16	8:26	17:41	8:51	44:18	42:57	8:36	23/53	M50-59	175/379	M
272	1431	Christina Babusci	HAVERTOWN	PA F30-39	25:48	8:36	17:10	8:35	43:52	42:57	8:36	44/201	F30-39	96/494	F
273	1505	Amy Dolan	HAVERTOWN	PA F40-49	25:30	8:30	17:28	8:44	43:13	42:57	8:36	5/74	F40-49	97/494	F
274	1742	Chyncia Smith	CONSHOHOCKEN	PA F30-39	24:57	8:19	18:01	9:01	43:17	42:58	8:36	45/201	F30-39	98/494	F
275	1597	Ryan Keough	PHILADELPHIA	PA M30-39	24:39	8:13	18:21	9:11	43:14	42:59	8:36	74/136	M30-39	176/379	M

SPLITS - 2019 BACK ON MY FEET 5 MILER

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
276	1701	Jeffrey Rega	MALVERN	PA M30-39	24:36	8:12	18:24	9:12	43:15	43:00	8:36	75/136	M30-39	177/379	M
277	1419	Michelle Young	PHILADELPHIA	PA F30-39	25:11	8:24	17:49	8:55	43:37	43:00	8:36	46/201	F30-39	99/494	F
278	1029	John Keisker	PHILADELPHIA	PA M50-59	24:48	8:16	18:15	9:08	44:35	43:02	8:37	24/53	M50-59	178/379	M
279	1414	Douglas Weigelt	PHILADELPHIA	PA M30-39	25:54	8:38	17:10	8:35	43:53	43:04	8:37	76/136	M30-39	179/379	M
280	1698	Brian Rainville	MEDIA	PA M30-39	26:55	8:59	16:16	8:08	45:07	43:11	8:39	77/136	M30-39	180/379	M

281	1166	Brendan Putnam	PHILADELPHIA	PA M30-39	25:27	8:29	17:45	8:53	43:39	43:12	8:39	78/136	M30-39	181/379	M
282	985	John Hemmer	MEDIA	PA M30-39	26:56	8:59	16:16	8:08	45:07	43:12	8:39	79/136	M30-39	182/379	M
283	1306	Stephen Ashbolt	PHILADELPHIA	PA F20-29	25:10	8:24	18:02	9:01	44:14	43:12	8:39	45/161	F20-29	100/494	F
284	1260	Jeremy Turk	PHILADELPHIA	PA M30-39	25:12	8:24	18:01	9:01	44:40	43:12	8:39	80/136	M30-39	183/379	M
285	929	Michelle Eng	PHILADELPHIA	PA F20-29	24:51	8:17	18:26	9:13	43:44	43:16	8:40	46/161	F20-29	101/494	F
286	1718	Caryn Rudy	MERION STATION	PA F40-49	25:15	8:25	18:03	9:02	43:43	43:17	8:40	6/74	F40-49	102/494	F
287	1332	Roni Devassy	HUNTINGDON VALLE	PA M20-29	26:20	8:47	17:01	8:31	44:50	43:20	8:40	51/97	M20-29	184/379	M
288	1155	Katera Pellegrino	PHILADELPHIA	PA F20-29	25:11	8:24	18:16	9:08	43:42	43:27	8:42	47/161	F20-29	103/494	F
289	1242	Priya Swamy	PHILADELPHIA	PA F40-49	25:38	8:33	17:56	8:58	44:16	43:33	8:43	7/74	F40-49	104/494	F
290	1002	Madeline Hotz	MEDIA	PA F20-29	26:10	8:44	17:30	8:45	44:37	43:40	8:44	48/161	F20-29	105/494	F
291	1216	Reggie Shuford	PHILADELPHIA	PA M50-59	26:18	8:46	17:23	8:42	44:23	43:41	8:45	25/53	M50-59	185/379	M
292	815	Kelly Bailey	PHILADELPHIA	PA F30-39	25:38	8:33	18:09	9:05	44:05	43:47	8:46	47/201	F30-39	106/494	F
293	1624	Brent Marrin	PHILADELPHIA	PA M30-39	25:11	8:24	18:36	9:18	44:25	43:47	8:46	81/136	M30-39	186/379	M
294	1432	Trieste Baccile	HAVERTOWN	PA F20-29	26:02	8:41	17:47	8:54	44:09	43:49	8:46	49/161	F20-29	107/494	F
295	1477	Vincent Collins	PHILADELPHIA	PA M20-29	26:38	8:53	17:13	8:37	44:50	43:51	8:47	52/97	M20-29	187/379	M
296	1133	Ian O'Hara	PHILADELPHIA	PA M20-29	26:39	8:53	17:13	8:37	44:49	43:51	8:47	53/97	M20-29	188/379	M
297	1593	Koa Kekuna	LANSDALE	PA M20-29	25:39	8:33	18:14	9:07	44:57	43:52	8:47	54/97	M20-29	189/379	M
298	1308	Holly Barilla	PHILADELPHIA	PA F30-39	25:27	8:29	18:28	9:14	44:22	43:55	8:47	48/201	F30-39	108/494	F
299	1256	Craig Tropea	PHILADELPHIA	PA M50-59	25:17	8:26	18:38	9:19	44:26	43:55	8:47	26/53	M50-59	190/379	M
300	1543	Stephanie Germana	MEDIA	PA F30-39	25:56	8:39	18:00	9:00	44:18	43:55	8:47	49/201	F30-39	109/494	F

Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
301	1054	Ryan Lis	PHILADELPHIA	PA M20-29	25:15	8:25	18:43	9:22	44:51	43:57	8:48	55/97	M20-29	191/379	M
302	1511	Diana Duran	PHILADELPHIA	PA F30-39	26:02	8:41	17:56	8:58	45:33	43:58	8:48	50/201	F30-39	110/494	F
303	1057	Joshua Loftus	PHILADELPHIA	PA M30-39	25:57	8:39	18:02	9:01	45:00	43:58	8:48	82/136	M30-39	192/379	M
304	804	Therese Adams	HADDONFIELD	NJ F20-29	25:54	8:38	18:05	9:03	44:24	43:59	8:48	50/161	F20-29	111/494	F
305	802	Colin Adams	HADDONFIELD	NJ M20-29	25:55	8:39	18:05	9:03	44:24	43:59	8:48	56/97	M20-29	193/379	M
306	1719	Julia Rudy	MERION STATION	PA F19&UND	24:55	8:19	19:05	9:33	44:26	44:00	8:48	2/3	F19&UND	112/494	F
307	1921	Matt McGarity	PHILADELPHIA	PA M30-39	26:49	8:57	17:12	8:36	44:49	44:00	8:48	83/136	M30-39	194/379	M
308	1146	Anika Pandit	PHILADELPHIA	PA F20-29	26:08	8:43	17:53	8:57	44:26	44:00	8:48	51/161	F20-29	113/494	F
309	1080	Laura McAndrews	PHILADELPHIA	PA F20-29	26:49	8:57	17:12	8:36	44:50	44:01	8:49	52/161	F20-29	114/494	F
310	1759	Tony Sylvester		-- M50-59	26:48	8:56	17:14	8:37	44:50	44:01	8:49	27/53	M50-59	195/379	M
311	1760	Kai Syvertsen	PHILADELPHIA	PA M40-49	26:49	8:57	17:14	8:37	44:50	44:02	8:49	20/66	M40-49	196/379	M
312	918	Heather Dunn	PHILADELPHIA	PA F20-29	25:34	8:32	18:29	9:15	44:15	44:03	8:49	53/161	F20-29	115/494	F
313	1572	Leslie Hopper	CONSHOHOCKEN	PA F30-39	25:57	8:39	18:10	9:05	44:21	44:07	8:50	51/201	F30-39	116/494	F
314	1203	Terese Schireson	PHILADELPHIA	PA F30-39	25:47	8:36	18:22	9:11	45:15	44:09	8:50	52/201	F30-39	117/494	F
315	1101	Mari Meas	PHILADELPHIA	PA F20-29	25:21	8:27	18:55	9:28	44:28	44:15	8:51	54/161	F20-29	118/494	F
316	852	Janis Burrell	PHILADELPHIA	PA F50-59	26:05	8:42	18:12	9:06	44:42	44:17	8:52	4/41	F50-59	119/494	F
317	846	Lauren Bryant	PHILADELPHIA	PA F20-29	25:14	8:25	19:06	9:33	44:51	44:19	8:52	55/161	F20-29	120/494	F
318	1056	Octavia Litvinov	PHILADELPHIA	PA F40-49	25:54	8:38	18:27	9:13	44:59	44:20	8:52	8/74	F40-49	121/494	F
319	1491	Briana Cunningham	PENNSVILLE	NJ F20-29	25:26	8:29	18:59	9:30	44:38	44:24	8:53	56/161	F20-29	122/494	F
320	1826	Megan McCreesh	PHILADELPHIA	PA F20-29	26:26	8:49	18:02	9:01	45:02	44:28	8:54	57/161	F20-29	123/494	F
321	1563	Michael Heffernan	DREXEL HILL	PA M40-49	26:30	8:50	18:04	9:02	44:59	44:33	8:55	21/66	M40-49	197/379	M
322	1647	Meredith Minnick	PLYMOUTH MEETING	PA F30-39	25:37	8:33	18:59	9:30	44:55	44:36	8:56	53/201	F30-39	124/494	F
323	1327	Lauren Counterman	PHILADELPHIA	PA F30-39	26:29	8:50	18:09	9:05	45:03	44:38	8:56	54/201	F30-39	125/494	F
324	1210	Anthony Scicchitan	BRYN MAWR	PA M30-39	27:03	9:01	17:36	8:48	46:12	44:38	8:56	84/136	M30-39	198/379	M



325 1044 Terry Kufen MEDIA PA M40-49 27:23 9:08 17:18 8:39 46:02 44:40 8:56 22/66 M40-49 199/379 M

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
326	1366	Kathleen Logan	SPRINGFIELD	PA F20-29	26:23	8:48	18:19	9:10	45:38	44:42	8:57	58/161	F20-29	126/494	F
327	1003	Mallory Hotz	PHILADELPHIA	PA F20-29	26:11	8:44	18:32	9:16	45:38	44:42	8:57	59/161	F20-29	127/494	F
328	915	Fred Druding, Jr.	PHILADELPHIA	PA M40-49	26:15	8:45	18:30	9:15	45:22	44:45	8:57	23/66	M40-49	200/379	M
329	1636	Steven McLain	BALA CYNWYD	PA M40-49	26:11	8:44	18:35	9:18	45:28	44:46	8:58	24/66	M40-49	201/379	M
330	1389	Ken Reese	NARBERTH	PA M60-69	26:27	8:49	18:21	9:11	46:11	44:47	8:58	7/21	M60-69	202/379	M
331	1674	Pam O'Brien	SICKLERVILLE	NJ F40-49	26:00	8:40	18:51	9:26	45:37	44:51	8:58	9/74	F40-49	128/494	F
332	1848	Chris Major	PHILADELPHIA	PA M30-39	26:19	8:47	18:34	9:17	46:23	44:53	8:59	85/136	M30-39	203/379	M
333	953	Brian Garvin	PHILADELPHIA	PA M30-39	26:10	8:44	18:45	9:23	46:48	44:55	8:59	86/136	M30-39	204/379	M
334	1478	Johanna Conicello	BLUE BELL	PA F30-39					45:25	44:55	8:59	55/201	F30-39	129/494	F
335	1105	Sarah Minardi	PHILADELPHIA	PA F20-29	25:46	8:36	19:10	9:35	45:14	44:56	9:00	60/161	F20-29	130/494	F
336	1211	Bob Sellers	PHILADELPHIA	PA M30-39	26:06	8:42	18:55	9:28	45:12	45:01	9:01	87/136	M30-39	205/379	M
337	1232	Tim Smoker	PHILADELPHIA	PA M30-39	26:33	8:51	18:29	9:15	46:07	45:02	9:01	88/136	M30-39	206/379	M
338	842	Don Brovero	WOODSTOWN	NJ M50-59	26:06	8:42	18:56	9:28	45:17	45:02	9:01	28/53	M50-59	207/379	M
339	1062	Matthew Ludwig	PHILADELPHIA	PA M30-39	27:20	9:07	17:43	8:52	46:29	45:03	9:01	89/136	M30-39	208/379	M
340	967	Sarah Grugan	PHILADELPHIA	PA F30-39	26:35	8:52	18:28	9:14	46:02	45:03	9:01	56/201	F30-39	131/494	F
341	1706	Sarah Riley	PHILADELPHIA	PA F30-39	26:05	8:42	18:59	9:30	45:18	45:03	9:01	57/201	F30-39	132/494	F
342	1061	Jamie Ludwig	PHILADELPHIA	PA F30-39	27:21	9:07	17:43	8:52	46:29	45:04	9:01	58/201	F30-39	133/494	F
343	1323	David Clark	CLEMENTON	NJ M40-49	26:25	8:49	18:41	9:21	46:17	45:06	9:02	25/66	M40-49	209/379	M

344	1668	Jerome Nottingham	PHILADELPHIA	PA M40-49	26:46	8:56	18:20	9:10	46:15	45:06	9:02	26/66	M40-49	210/379	M
345	1451	John Brooks	PHILADELPHIA	PA M40-49	25:54	8:38	19:13	9:37	45:33	45:07	9:02	27/66	M40-49	211/379	M
346	1567	Gillian Hixson	WEST HARTFORD	CT F20-29	26:53	8:58	18:15	9:08	46:04	45:08	9:02	61/161	F20-29	134/494	F
347	1628	Sarah McAllister	PHILADELPHIA	PA F50-59	26:13	8:45	18:56	9:28	45:39	45:08	9:02	5/41	F50-59	135/494	F
348	1181	Jake Richter	PHILADELPHIA	PA M30-39	25:44	8:35	19:25	9:43	45:36	45:09	9:02	90/136	M30-39	212/379	M
349	1113	Brianna Morgis	PHILADELPHIA	PA F20-29	26:45	8:55	18:25	9:13	46:23	45:10	9:02	62/161	F20-29	136/494	F
350	1409	Khalid Timbers	PHILADELPHIA	PA M40-49	24:45	8:15	20:26	10:13	45:16	45:10	9:02	28/66	M40-49	213/379	M

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SPLITS - 2019 BACK ON MY FEET 5 MILER

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
351	1039	Rebecca Kocsis-Dav	PHILADELPHIA	PA F30-39	26:19	8:47	18:53	9:27	46:50	45:11	9:03	59/201	F30-39	137/494	F
352	1142	Brittany Palmer	PHILADELPHIA	PA F20-29	26:33	8:51	18:41	9:21	45:33	45:14	9:03	63/161	F20-29	138/494	F
353	1230	Missy Smith	PHILADELPHIA	PA F30-39	26:33	8:51	18:42	9:21	45:33	45:14	9:03	60/201	F30-39	139/494	F
354	1183	Suzanne Rittenhous	RIVERTON	NJ F60-69	26:12	8:44	19:06	9:33	45:52	45:17	9:04	1/14	F60-69	140/494	F
355	1637	Scott McLeod	FAYETTEVILLE	NC M40-49	26:18	8:46	19:05	9:33	46:13	45:22	9:05	29/66	M40-49	214/379	M
356	1850	Martin Farrell	DREXEL HILL	PA M20-29	27:12	9:04	18:11	9:06	45:28	45:22	9:05	57/97	M20-29	215/379	M
357	1851	Anna Riley	DREXEL HILL	PA F20-29	27:12	9:04	18:11	9:06	45:28	45:23	9:05	64/161	F20-29	141/494	F
358	1821	Blake Bonnewell	PHILADELPHIA	PA M20-29	26:32	8:51	18:51	9:26	45:48	45:23	9:05	58/97	M20-29	216/379	M
359	1348	Lawrence Harringto	PHILADELPHIA	PA M30-39	26:19	8:47	19:05	9:33	46:13	45:24	9:05	91/136	M30-39	217/379	M
360	853	Lindsay Burt	PHILADELPHIA	PA F20-29	26:29	8:50	18:56	9:28	46:36	45:25	9:05	65/161	F20-29	142/494	F
361	881	Amanda Collett	PHILADELPHIA	PA F30-39	26:24	8:48	19:06	9:33	46:41	45:30	9:06	61/201	F30-39	143/494	F
362	1783	Kimberly Volcy	MAPLE SHADE	NJ F40-49	26:50	8:57	18:41	9:21	45:57	45:30	9:06	10/74	F40-49	144/494	F

363	807	Elliot Almeida	PHILADELPHIA	PA M40-49	27:01	9:01	18:30	9:15	45:44	45:31	9:07	30/66	M40-49	218/379	M
364	1316	Regan Buker	PHILADELPHIA	PA F40-49	26:35	8:52	18:58	9:29	46:14	45:33	9:07	11/74	F40-49	145/494	F
365	1788	Stephanie Walters	CONSHOHOCKEN	PA F20-29	26:20	8:47	19:14	9:37	46:24	45:33	9:07	66/161	F20-29	146/494	F
366	1473	Sean Cleary	CHALFONT	PA M20-29	26:31	8:51	19:06	9:33	45:44	45:36	9:08	59/97	M20-29	219/379	M
367	1829	Jemal Johnson	PHILADELPHIA	PA M40-49	28:18	9:26	17:19	8:40	46:02	45:36	9:08	31/66	M40-49	220/379	M
368	1268	Ilana Volain	PHILADELPHIA	PA F20-29	27:06	9:02	18:31	9:16	46:59	45:37	9:08	67/161	F20-29	147/494	F
369	860	Jay Capperella	HADDON HEIGHTS	NJ M60-69	26:31	8:51	19:06	9:33	46:20	45:37	9:08	8/21	M60-69	221/379	M
370	1772	Rachel Truckley	SCHWENKSVILLE	PA F20-29	26:31	8:51	19:21	9:41	46:43	45:52	9:11	68/161	F20-29	148/494	F
371	1460	Teresa Byrne	SCHWENKSVILLE	PA F40-49	26:51	8:57	19:03	9:32	46:44	45:54	9:11	12/74	F40-49	149/494	F
372	1405	Nathaniel Stuhlmil	PHILADELPHIA	PA M30-39	26:27	8:49	19:34	9:47	47:18	46:01	9:12	92/136	M30-39	222/379	M
373	1590	Fudia Kameika	PHILADELPHIA	PA F20-29	26:53	8:58	19:10	9:35	47:45	46:02	9:13	69/161	F20-29	150/494	F
374	1225	Anna Lynn Smith	WALLINGFORD	PA F40-49	27:07	9:03	18:57	9:29	47:19	46:03	9:13	13/74	F40-49	151/494	F
375	1194	Amelia Ruggieri	PHILADELPHIA	PA F30-39	27:39	9:13	18:25	9:13	46:13	46:04	9:13	62/201	F30-39	152/494	F

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
376	1043	Marybeth Kruszewsk	MICKLETON	NJ F40-49	26:28	8:50	19:37	9:49	47:13	46:04	9:13	14/74	F40-49	153/494	F
377	1778	Michele Velluzzi	PHILADELPHIA	PA F30-39	27:42	9:14	18:23	9:12	49:05	46:05	9:13	63/201	F30-39	154/494	F
378	1042	Ann Marie Krulick	PHILADELPHIA	PA F20-29	27:35	9:12	18:31	9:16	47:44	46:05	9:13	70/161	F20-29	155/494	F
379	1244	Evan Szarenski	PHILADELPHIA	PA M30-39	27:34	9:12	18:35	9:18	46:16	46:09	9:14	93/136	M30-39	223/379	M
380	1861	Johnathan Holland	PHILADELPHIA	PA M20-29	29:08	9:43	17:03	8:32	47:20	46:11	9:15	60/97	M20-29	224/379	M
381	1279	Samantha Wesner	PHILADELPHIA	PA F20-29	26:35	8:52	19:38	9:49	46:57	46:12	9:15	71/161	F20-29	156/494	F



401	1319	Kyle Cassidy	PHILADELPHIA	PA M50-59	28:17	9:26	18:35	9:18	48:16	46:51	9:23	29/53	M50-59	233/379	M
402	1118	Haley Murphy	PHILADELPHIA	PA F20-29	27:53	9:18	19:00	9:30	47:59	46:52	9:23	75/161	F20-29	168/494	F
403	1508	Kevin Dougherty	PHILADELPHIA	PA M20-29	27:09	9:03	19:44	9:52	47:19	46:52	9:23	64/97	M20-29	234/379	M
404	1872	Adam Chistmann	PHILADELPHIA	PA M30-39	28:49	9:37	18:07	9:04	48:25	46:55	9:23	94/136	M30-39	235/379	M
405	1191	Laurie Roma	PHILADELPHIA	PA F40-49	27:29	9:10	19:26	9:43	48:13	46:55	9:23	17/74	F40-49	169/494	F
406	1422	Dan Alt	GLENSIDE	PA M20-29	27:18	9:06	19:38	9:49	47:38	46:55	9:23	65/97	M20-29	236/379	M
407	1727	John Schultz	HAVERFORD	PA M60-69	27:48	9:16	19:09	9:35	47:54	46:56	9:24	10/21	M60-69	237/379	M
408	1582	Twan Jeuken	PHILADELPHIA	PA M40-49	27:03	9:01	19:53	9:57	47:19	46:56	9:24	36/66	M40-49	238/379	M
409	1403	David Stephenson	BENSALEM	PA M20-29	27:09	9:03	19:48	9:54	48:31	46:57	9:24	66/97	M20-29	239/379	M
410	835	Kellie Brady	PHILADELPHIA	PA F20-29	27:51	9:17	19:06	9:33	47:46	46:57	9:24	76/161	F20-29	170/494	F
411	1757	Jaime Sutton	PHILADELPHIA	PA F30-39	27:07	9:03	19:50	9:55	48:49	46:57	9:24	68/201	F30-39	171/494	F
412	1865	Maria Bonanni	PHILADELPHIA	PA F30-39	28:50	9:37	18:08	9:04	48:26	46:57	9:24	69/201	F30-39	172/494	F
413	1408	Amy Summer	PHILADELPHIA	PA F20-29	27:29	9:10	19:30	9:45	47:16	46:58	9:24	77/161	F20-29	173/494	F
414	1388	Anna Raper	PHILADELPHIA	PA F30-39	28:50	9:37	18:09	9:05	48:27	46:59	9:24	70/201	F30-39	174/494	F
415	1682	Johanna Pauciulo	MALVERN	PA F50-59	27:43	9:15	19:20	9:40	47:51	47:02	9:25	8/41	F50-59	175/494	F
416	1338	Katherine Floess	PHILADELPHIA	PA F20-29	27:12	9:04	19:54	9:57	47:54	47:06	9:26	78/161	F20-29	176/494	F
417	1830	Lawrence Balick	PHILADELPHIA	PA M60-69	27:44	9:15	19:23	9:42	48:07	47:07	9:26	11/21	M60-69	240/379	M
418	855	Jo Buyske	PHILADELPHIA	PA F50-59	28:03	9:21	19:06	9:33	47:46	47:09	9:26	9/41	F50-59	177/494	F
419	837	Karen Brasel	LAKE OSWEGO	OR F50-59	28:03	9:21	19:07	9:34	47:46	47:09	9:26	10/41	F50-59	178/494	F
420	1347	Matt Handel	BLUE BELL	M50-59	27:51	9:17	19:20	9:40	47:47	47:10	9:26	30/53	M50-59	241/379	M
421	1466	Shannon Caruso	BURLINGTON	NJ F30-39	27:47	9:16	19:24	9:42	48:01	47:11	9:27	71/201	F30-39	179/494	F
422	1932	Andrew Brown	CLARKS SUMMIT	PA M60-69	26:59	9:00	20:15	10:08	47:49	47:14	9:27	12/21	M60-69	242/379	M
423	1833	John Murphy	PHILADELPHIA	PA M20-29	30:36	10:12	16:44	8:22	48:28	47:20	9:28	67/97	M20-29	243/379	M
424	1114	Paul Morgis	PHILADELPHIA	PA M20-29	27:21	9:07	20:00	10:00	48:34	47:20	9:28	68/97	M20-29	244/379	M
425	983	Debra Heim	PHILADELPHIA	PA F40-49	28:29	9:30	18:58	9:29	48:10	47:26	9:30	18/74	F40-49	180/494	F

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
426	1300	Alyssa Abrohms	RICHBORO	PA F30-39	27:37	9:13	19:50	9:55	47:49	47:27	9:30	72/201	F30-39	181/494	F
427	872	Michelle Cascella	PHILADELPHIA	PA F20-29	27:59	9:20	19:31	9:46	49:02	47:30	9:30	79/161	F20-29	182/494	F
428	1104	Stephanie Messler	NORTH WALES	PA F40-49	27:59	9:20	19:34	9:47	48:35	47:33	9:31	19/74	F40-49	183/494	F
429	851	William Burns	PHILADELPHIA	PA M30-39	26:11	8:44	21:23	10:42	49:14	47:34	9:31	95/136	M30-39	245/379	M
430	1777	Gina Vasoli	PHILADELPHIA	PA F30-39	28:16	9:26	19:19	9:40	48:30	47:35	9:31	73/201	F30-39	184/494	F
431	1837	Madeleine Franzreb	PHILADELPHIA	PA F30-39	28:24	9:28	19:13	9:37	49:05	47:37	9:32	74/201	F30-39	185/494	F
432	1623	Robert Mara	SWEDESBORO	NJ M50-59	27:26	9:09	20:12	10:06	48:21	47:38	9:32	31/53	M50-59	246/379	M
433	1222	John Slater	HAINESPORT	NJ M60-69	27:55	9:19	19:43	9:52	48:07	47:38	9:32	13/21	M60-69	247/379	M
434	1034	John Kenny	CHERRY HILL	NJ M50-59	27:26	9:09	20:13	10:07	48:21	47:38	9:32	32/53	M50-59	248/379	M
435	847	Joanna Buchanico	PHILADELPHIA	PA F40-49	27:08	9:03	20:32	10:16	48:23	47:39	9:32	20/74	F40-49	186/494	F
436	1217	Amanda Simmons	PHILADELPHIA	PA F20-29	28:04	9:22	19:36	9:48	49:01	47:39	9:32	80/161	F20-29	187/494	F
437	1507	Samantha Dornauer	LANGHORNE	PA F20-29	28:05	9:22	19:40	9:50	48:37	47:44	9:33	81/161	F20-29	188/494	F
438	1545	Carly Gerstman	PHILADELPHIA	PA F30-39	27:41	9:14	20:06	10:03	48:18	47:47	9:34	75/201	F30-39	189/494	F
439	1015	Katie Jiunta	PHILADELPHIA	PA F30-39	27:58	9:20	19:54	9:57	49:08	47:52	9:35	76/201	F30-39	190/494	F
440	1844	Andrea Williams	PHILADELPHIA	PA F30-39	27:43	9:15	20:10	10:05	50:53	47:53	9:35	77/201	F30-39	191/494	F
441	1172	Rachel Ravitsky	PHILADELPHIA	PA F40-49	27:55	9:19	19:59	10:00	48:07	47:54	9:35	21/74	F40-49	192/494	F
442	1822	Andrew McLoone	MERCHANTVILLE	NJ M30-39	28:14	9:25	19:42	9:51	49:10	47:55	9:35	96/136	M30-39	249/379	M
443	1627	Patrick Massie	DREXEL HILL	PA M30-39	26:52	8:58	21:04	10:32	48:06	47:56	9:35	97/136	M30-39	250/379	M
444	1652	Ricardo Morales	NORRISTOWN	PA M30-39	28:12	9:24	19:48	9:54	49:19	47:59	9:36	98/136	M30-39	251/379	M

445	1859	Christine Luma	VOORHEES	NJ	F40-49	27:55	9:19	20:05	10:03	48:27	48:00	9:36	22/74	F40-49	193/494	F
446	1779	Darcy Venezia	PHILADELPHIA	PA	F30-39	28:20	9:27	19:41	9:51	49:13	48:01	9:37	78/201	F30-39	194/494	F
447	1538	Rasheid Garrison	MARCUS HOOK	PA	M30-39	28:41	9:34	19:22	9:41	48:55	48:03	9:37	99/136	M30-39	252/379	M
448	1997	Nate Halderman	PHILADELPHIA	PA	M40-49	28:21	9:27	19:45	9:53	49:09	48:06	9:38	37/66	M40-49	253/379	M
449	952	Alexis Garvin	PHILADELPHIA	PA	F30-39	28:37	9:33	19:30	9:45	48:40	48:07	9:38	79/201	F30-39	195/494	F
450	1951					29:29	9:50	18:39	9:20		48:07	9:38				

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451	1030	Alison Kelly	PHILADELPHIA	PA F30-39	28:37	9:33	19:31	9:46	48:40	48:07	9:38	80/201	F30-39	196/494	F
452	1109	Ted Molloy	LANSLOWNE	PA M30-39	28:30	9:30	19:46	9:53	49:32	48:15	9:39	100/136	M30-39	254/379	M
453	1197	Samantha Safara	PHILADELPHIA	PA F40-49	28:30	9:30	19:47	9:54	49:18	48:16	9:40	23/74	F40-49	197/494	F
454	996	Linell Homentosky	PECKVILLE	PA F30-39	28:30	9:30	19:47	9:54	49:18	48:16	9:40	81/201	F30-39	198/494	F
455	1816	Greg Eckel	PHILADELPHIA	PA M30-39	28:41	9:34	19:43	9:52	49:28	48:24	9:41	101/136	M30-39	255/379	M
456	1817	Melissa Eckel	PHILADELPHIA	PA F30-39	28:41	9:34	19:45	9:53	49:32	48:26	9:42	82/201	F30-39	199/494	F
457	1570	Brandon Hodnett	LANSDALE	PA M20-29	28:36	9:32	19:51	9:56	48:47	48:27	9:42	69/97	M20-29	256/379	M
458	1732	Shannon Sell	BUCKINGHAM	PA F20-29	28:36	9:32	19:52	9:56	48:47	48:27	9:42	82/161	F20-29	200/494	F
459	957	Danielle Goebel	PHILADELPHIA	PA F30-39	28:31	9:31	20:01	10:01	48:54	48:31	9:43	83/201	F30-39	201/494	F
460	910	Andrew Dohmann	PHILADELPHIA	PA M20-29	29:28	9:50	19:05	9:33	50:02	48:32	9:43	70/97	M20-29	257/379	M
461	1037	Elizabeth King	BETHLEHEM	PA F20-29	29:28	9:50	19:05	9:33	50:03	48:32	9:43	83/161	F20-29	202/494	F
462	920	Danielle Duva	PHILADELPHIA	PA F20-29	29:18	9:46	19:15	9:38	50:09	48:33	9:43	84/161	F20-29	203/494	F
463	1121	Jane Nappi	FORT LAUDERDALE	FL F20-29	30:12	10:04	18:27	9:14	49:42	48:38	9:44	85/161	F20-29	204/494	F

464	945	Daniel Gable	FORT LAUDERDALE	FL M20-29	30:11	10:04	18:28	9:14	49:42	48:38	9:44	71/97	M20-29	258/379	M
465	919	Katherine Dunnigan	PHILADELPHIA	PA F20-29	30:11	10:04	18:28	9:14	49:43	48:39	9:44	86/161	F20-29	205/494	F
466	900	Michelle Davis	PHILADELPHIA	PA F30-39	28:30	9:30	20:10	10:05	50:04	48:39	9:44	84/201	F30-39	206/494	F
467	1272	Emily Watts	PHILADELPHIA	PA F30-39	28:41	9:34	20:04	10:02	50:00	48:44	9:45	85/201	F30-39	207/494	F
468	1441	Andy Beno	PHILADELPHIA	PA M30-39	28:25	9:29	20:21	10:11	50:05	48:45	9:45	102/136	M30-39	259/379	M
469	1596	Meagan Kenneu	PHILADELPHIA	PA F30-39	28:24	9:28	20:22	10:11	50:06	48:45	9:45	86/201	F30-39	208/494	F
470	1428	Crystal Arrington	LANSDOWNE	PA F50-59	28:15	9:25	20:34	10:17	49:16	48:48	9:46	11/41	F50-59	209/494	F
471	1433	Lydia Bariteau	PHILADELPHIA	PA F20-29	29:51	9:57	19:00	9:30	48:58	48:50	9:46	87/161	F20-29	210/494	F
472	1243	Liz Sweeney	PHILADELPHIA	PA F20-29	28:27	9:29	20:24	10:12	49:33	48:51	9:47	88/161	F20-29	211/494	F
473	1815	Sarah Tupchong	PHILADELPHIA	PA F20-29	28:34	9:32	20:18	10:09	49:00	48:52	9:47	89/161	F20-29	212/494	F
474	956	Kristin Gillespie	PHILADELPHIA	PA F30-39	28:43	9:35	20:11	10:06	50:02	48:53	9:47	87/201	F30-39	213/494	F
475	928	Kert Emperado	PHILADELPHIA	PA M30-39	28:33	9:31	20:23	10:12	50:14	48:56	9:48	103/136	M30-39	260/379	M

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
476	1836	Emily Baumley	HOOKSETT	NH F20-29	28:38	9:33	20:18	10:09	49:51	48:56	9:48	90/161	F20-29	214/494	F
477	946	Caleb Gaddes	PHILADELPHIA	PA M20-29	29:13	9:45	19:46	9:53	50:04	48:59	9:48	72/97	M20-29	261/379	M
478	1512	Melissa Duva	WEST CHESTER	PA F30-39	29:17	9:46	19:43	9:52	50:37	48:59	9:48	88/201	F30-39	215/494	F
479	1878	Craig Cairns	WEST CHESTER	PA M30-39	29:17	9:46	19:45	9:53	50:38	49:01	9:49	104/136	M30-39	262/379	M
480	1157	Gary Perkins	PHILADELPHIA	PA M50-59	27:46	9:16	21:17	10:39	49:16	49:02	9:49	33/53	M50-59	263/379	M
481	1302	James Alexander	DARBY	PA M30-39	28:57	9:39	20:06	10:03	49:55	49:03	9:49	105/136	M30-39	264/379	M
482	1261	Emily Turturici	VILLANOVA	PA F20-29	27:57	9:19	21:07	10:34	49:12	49:03	9:49	91/161	F20-29	216/494	F



483	1937				28:41	9:34	20:23	10:12		49:03	9:49					
484	805 Michael Alfred	BURLINGTON	NJ	M40-49	28:58	9:40	20:06	10:03	49:22	49:03	9:49	38/66	M40-49	265/379	M	
485	1936 Lizbeth Orr	SWEDESBORO	NJ	F30-39	28:41	9:34	20:22	10:11	50:16	49:03	9:49	89/201	F30-39	217/494	F	
486	857 Elizabeth Camacho-	BURLINGTON	NJ	F40-49	28:58	9:40	20:06	10:03	49:22	49:03	9:49	24/74	F40-49	218/494	F	
487	1122 Frank Nash	MOUNT HOLLY	NJ	M40-49	28:30	9:30	20:37	10:19	49:45	49:06	9:50	39/66	M40-49	266/379	M	
488	949 Jennifer Gamba	PHILADELPHIA	PA	F40-49	28:23	9:28	20:45	10:23	50:34	49:08	9:50	25/74	F40-49	219/494	F	
489	1804 Victoria Zerambo	BRISTOL	PA	F20-29	28:58	9:40	20:17	10:09	50:38	49:15	9:51	92/161	F20-29	220/494	F	
490	1286 Kenneth Williams	PHILADELPHIA	PA	M50-59	28:54	9:38	20:24	10:12	50:52	49:18	9:52	34/53	M50-59	267/379	M	
491	1167 Scott Quigley	PHILADELPHIA	PA	M30-39	28:21	9:27	20:58	10:29	50:36	49:19	9:52	106/136	M30-39	268/379	M	
492	1606 Jessica Lake	BERWYN	PA	F30-39	28:46	9:36	20:34	10:17	50:41	49:19	9:52	90/201	F30-39	221/494	F	
493	1942 Christine McQuade	PHILADELPHIA	PA	F20-29	30:18	10:06	19:02	9:31	50:45	49:19	9:52	93/161	F20-29	222/494	F	
494	1364 Matt Levendusky	PHILADELPHIA	PA	M30-39	28:46	9:36	20:36	10:18	50:19	49:22	9:53	107/136	M30-39	269/379	M	
495	1700 Maria Read	GLENMOORE	PA	F40-49	28:28	9:30	20:54	10:27	50:07	49:22	9:53	26/74	F40-49	223/494	F	
496	1841 Kevin Connelly	MEDIA	PA	M30-39	29:59	10:00	19:26	9:43	50:55	49:24	9:53	108/136	M30-39	270/379	M	
497	1424 Sara Aponte	PHILADELPHIA	PA	F30-39	28:31	9:31	20:56	10:28	50:06	49:27	9:54	91/201	F30-39	224/494	F	
498	1415 Jeffrey Weiss	PHILADELPHIA	PA	M20-29	29:15	9:45	20:12	10:06	50:50	49:27	9:54	73/97	M20-29	271/379	M	
499	1863 Josh Lloyd	MARCUS HOOK	PA	M20-29	28:37	9:33	20:51	10:26	50:04	49:28	9:54	74/97	M20-29	272/379	M	
500	1423 Alisha Anders	PHILADELPHIA	PA	F20-29	28:37	9:33	20:53	10:27	50:05	49:29	9:54	94/161	F20-29	225/494	F	

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
501	1278	Karen Werme	PHILADELPHIA	PA F40-49	28:57	9:39	20:33	10:17	50:26	49:29	9:54	27/74	F40-49	226/494	F

502	1421	Ashley Ainsley	FAIRLESS HILLS	PA F20-29	28:38	9:33	20:52	10:26	50:06	49:30	9:54	95/161	F20-29	227/494	F
503	1625	John Martin	CLEMENTON	NJ M40-49	28:45	9:35	20:46	10:23	50:24	49:30	9:54	40/66	M40-49	273/379	M
504	1564	Courtney Hemsley	CLEMENTON	NJ F30-39	28:45	9:35	20:46	10:23	50:23	49:31	9:55	92/201	F30-39	228/494	F
505	1283	Whitney Whitmer	PHILADELPHIA	PA F30-39	30:10	10:04	19:22	9:41	50:49	49:31	9:55	93/201	F30-39	229/494	F
506	1950	Javier Chica	PHILADELPHIA	PA M20-29	27:45	9:15	21:50	10:55	51:08	49:34	9:55	75/97	M20-29	274/379	M
507	1603	John Kitzinger	PHILADELPHIA	PA M50-59	29:30	9:50	20:06	10:03	50:22	49:35	9:55	35/53	M50-59	275/379	M
508	1188	Johanna Roebas	PHILADELPHIA	PA F40-49	29:40	9:54	19:56	9:58	50:59	49:35	9:55	28/74	F40-49	230/494	F
509	923	Medgine Elie	PHILADELPHIA	PA F20-29	29:03	9:41	20:34	10:17	49:56	49:36	9:56	96/161	F20-29	231/494	F
510	1825	Laura Maddox	PHILADELPHIA	PA F30-39	29:28	9:50	20:09	10:05	50:48	49:36	9:56	94/201	F30-39	232/494	F
511	1291	John Wolfersberger	PHILADELPHIA	PA M40-49	29:27	9:49	20:10	10:05	50:48	49:37	9:56	41/66	M40-49	276/379	M
512	1969	Alison Keffer	PHILADELPHIA	PA F50-59	29:24	9:48	20:14	10:07	51:06	49:38	9:56	12/41	F50-59	233/494	F
513	980	Michael Hayes	WYNCOTE	PA M40-49	29:24	9:48	20:15	10:08	51:08	49:38	9:56	42/66	M40-49	277/379	M
514	1720	Lee Rudy	MERION STATION	PA M40-49	29:23	9:48	20:16	10:08	50:06	49:39	9:56	43/66	M40-49	278/379	M
515	1802	Laura Zeferes	MARLTON	NJ F30-39	28:55	9:39	20:45	10:23	50:09	49:39	9:56	95/201	F30-39	234/494	F
516	1168	Michelle Quirk	BRYN MAWR	PA F30-39	30:03	10:01	19:37	9:49	51:14	49:40	9:56	96/201	F30-39	235/494	F
517	2000	Eliza Rudy	PHILADELPHIA	PA F19&UND	29:25	9:49	20:16	10:08	50:06	49:41	9:57	3/3	F19&UND	236/494	F
518	1799	Caitlin Zappas	PHILADELPHIA	PA F20-29	29:57	9:59	19:50	9:55	50:49	49:46	9:58	97/161	F20-29	237/494	F
519	819	Christine Bater	AUDUBON	NJ F30-39	29:39	9:53	20:09	10:05	50:31	49:47	9:58	97/201	F30-39	238/494	F
520	1050	Jennifer Lesniewsk	PHILADELPHIA	PA F30-39	29:11	9:44	20:39	10:20	50:10	49:50	9:58	98/201	F30-39	239/494	F
521	1120	Allison Nagle	PHILADELPHIA	PA F30-39	29:12	9:44	20:39	10:20	50:09	49:50	9:58	99/201	F30-39	240/494	F
522	1213	Shina Shinkowitz	MAGNOLIA	NJ F40-49	29:12	9:44	20:39	10:20	50:21	49:51	9:59	29/74	F40-49	241/494	F
523	1524	Michael Fendo	WYNNEWOOD	PA M40-49	28:21	9:27	21:35	10:48	50:10	49:55	9:59	44/66	M40-49	279/379	M
524	1379	Eric Okdeh	PHILADELPHIA	PA M40-49	28:00	9:20	21:56	10:58	50:15	49:56	9:59	45/66	M40-49	280/379	M
525	895	Eric Cushing	EXTON	PA M40-49	29:30	9:50	20:29	10:15	50:45	49:58	10:00	46/66	M40-49	281/379	M

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
526	1575	Raymond Hoy	GETTYSBURG	PA M20-29	29:19	9:46	20:41	10:21	50:24	49:59	10:00	76/97	M20-29	282/379	M
527	1749	Tessa Sontheimer	GETTYSBURG	PA F20-29	29:18	9:46	20:42	10:21	50:25	50:00	10:00	98/161	F20-29	242/494	F
528	1259	Emer Turk	PHILADELPHIA	PA F30-39	28:45	9:35	21:18	10:39	51:31	50:03	10:01	100/201	F30-39	243/494	F
529	1073	Linda Martin	PHILADELPHIA	PA F40-49	29:08	9:43	20:56	10:28	51:08	50:04	10:01	30/74	F40-49	244/494	F
530	1247	Jamie Thomas	PHILADELPHIA	PA F30-39	29:45	9:55	20:24	10:12	51:40	50:09	10:02	101/201	F30-39	245/494	F
531	943	Katy Frank	PHILADELPHIA	PA F30-39	29:24	9:48	20:46	10:23	51:07	50:10	10:02	102/201	F30-39	246/494	F
532	1858	Brittany Cirotti	NORRISTOWN	PA F30-39	28:55	9:39	21:16	10:38	50:37	50:11	10:03	103/201	F30-39	247/494	F
533	1670	Nathaniel Nucci	PHILADELPHIA	PA M30-39	29:42	9:54	20:34	10:17	52:13	50:16	10:03	109/136	M30-39	283/379	M
534	1314	Hannah Boroff	PHILADELPHIA	PA F20-29	29:24	9:48	20:55	10:28	50:43	50:18	10:04	99/161	F20-29	248/494	F
535	1315	Marcy Boroff	PHILADELPHIA	PA F50-59	29:24	9:48	20:55	10:28	50:43	50:19	10:04	13/41	F50-59	249/494	F
536	1250	Ashley Toal	PHILADELPHIA	PA F30-39	29:38	9:53	20:45	10:23	51:06	50:22	10:05	104/201	F30-39	250/494	F
537	1032	Jay Kelly	SPRINGFIELD	PA M60-69	30:25	10:09	20:00	10:00	51:48	50:24	10:05	14/21	M60-69	284/379	M
538	1193	Sharon Rosenberg	PHILADELPHIA	PA F40-49	29:10	9:44	21:15	10:38	51:00	50:24	10:05	31/74	F40-49	251/494	F
539	1052	Kevan Link	PHILADELPHIA	PA M30-39	32:21	10:47	18:05	9:03	51:51	50:25	10:05	110/136	M30-39	285/379	M
540	1031	Frank Kelly	SPRINGFIELD	PA M60-69	30:26	10:09	20:00	10:00	51:51	50:25	10:05	15/21	M60-69	286/379	M
541	1160	Ken Pheasey	PHILADELPHIA	PA M60-69	29:30	9:50	20:56	10:28	52:04	50:25	10:05	16/21	M60-69	287/379	M
542	811	Eric Anderson	PHILADELPHIA	PA M40-49	30:14	10:05	20:12	10:06	51:33	50:25	10:05	47/66	M40-49	288/379	M
543	868	Laura Carroll	PHILADELPHIA	PA F40-49	29:26	9:49	21:00	10:30	50:42	50:25	10:05	32/74	F40-49	252/494	F
544	990	Claire Higgins	MERCHANTVILLE	NJ F20-29	29:33	9:51	20:53	10:27	51:23	50:26	10:06	100/161	F20-29	253/494	F
545	1697	Michele Radatti	HARLEYSVILLE	PA F50-59	29:40	9:54	20:48	10:24	51:24	50:27	10:06	14/41	F50-59	254/494	F

546	1481	Megan Connors	PHILADELPHIA	PA F20-29	30:20	10:07	20:13	10:07	51:31	50:32	10:07	101/161	F20-29	255/494	F
547	1539	William Gaynord	BETHLEHEM	PA M20-29	30:20	10:07	20:13	10:07	51:31	50:32	10:07	77/97	M20-29	289/379	M
548	1130	Jane O'Connor	PHILADELPHIA	PA F30-39	30:03	10:01	20:35	10:18	52:24	50:38	10:08	105/201	F30-39	256/494	F
549	1662	Paul Myslinski	PHILADELPHIA	PA M30-39	31:02	10:21	19:39	9:50	52:29	50:40	10:08	111/136	M30-39	290/379	M
550	989	Ryan Hetzko	PHILADELPHIA	PA M30-39	30:13	10:05	20:29	10:15	51:59	50:42	10:09	112/136	M30-39	291/379	M

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
551	1831	Kristy Delmuto	PHILADELPHIA	PA F30-39	29:56	9:59	20:48	10:24	52:05	50:43	10:09	106/201	F30-39	257/494	F
552	1552	Christina Grube	PIPERSVILLE	PA F40-49	30:28	10:10	20:17	10:09	52:26	50:45	10:09	33/74	F40-49	258/494	F
553	1660	Beth Mullen	NEWTOWN	PA F40-49	30:27	10:09	20:19	10:10	52:26	50:45	10:09	34/74	F40-49	259/494	F
554	1036	Ian Kiernan	PHILADELPHIA	PA M50-59	30:29	10:10	20:16	10:08	52:25	50:45	10:09	36/53	M50-59	292/379	M
555	1089	Anna McDonough	PHILADELPHIA	PA F40-49	30:27	10:09	20:18	10:09	52:26	50:45	10:09	35/74	F40-49	260/494	F
556	1691	Diane Plack	PIPERSVILLE	PA F50-59	30:27	10:09	20:19	10:10	52:26	50:45	10:09	15/41	F50-59	261/494	F
557	1174	Camila Reel	PHILADELPHIA	PA F30-39	30:15	10:05	20:35	10:18	52:06	50:50	10:10	107/201	F30-39	262/494	F
558	1864	Emma Brumbaugh	PHILADELPHIA	PA F30-39	29:29	9:50	21:24	10:42	52:20	50:53	10:11	108/201	F30-39	263/494	F
559	1175	Mary Reilley	PHILADELPHIA	PA F20-29	29:37	9:53	21:16	10:38	52:31	50:53	10:11	102/161	F20-29	264/494	F
560	901	Theresa Deangelis	PHILADELPHIA	PA F40-49	29:44	9:55	21:12	10:36	51:40	50:55	10:11	36/74	F40-49	265/494	F
561	1049	Kate Lesko	PHILADELPHIA	PA F20-29	29:44	9:55	21:11	10:36	51:39	50:55	10:11	103/161	F20-29	266/494	F
562	1801	Anthony Zeferes	MARLTON	NJ M30-39	30:01	10:01	20:55	10:28	51:25	50:56	10:12	113/136	M30-39	293/379	M
563	1165	Fiona Purce	MADISON	NJ F20-29	29:34	9:52	21:24	10:42	51:43	50:57	10:12	104/161	F20-29	267/494	F
564	1370	Samantha Mercanti-	COLLINGSWOOD	NJ F30-39	29:48	9:56	21:19	10:40	52:26	51:06	10:14	109/201	F30-39	268/494	F

565	1611	Kelly Layfield	PHILADELPHIA	PA	F20-29	29:24	9:48	21:48	10:54	51:43	51:11	10:15	105/161	F20-29	269/494	F
566	1654	Taylor Morgis	SELLERSVILLE	PA	F20-29					52:27	51:13	10:15	106/161	F20-29	270/494	F
567	1058	Lindsay Loftus	PHILADELPHIA	PA	F30-39	29:29	9:50	21:46	10:53	52:15	51:14	10:15	110/201	F30-39	271/494	F
568	1277	Erinn Welsh	SPRINGFIELD	PA	F20-29	29:19	9:47	22:00	11:00	52:15	51:18	10:16	107/161	F20-29	272/494	F
569	1527	Christa Fisher	PHOENIXVILLE	PA	F30-39					51:22	51:22	10:17	111/201	F30-39	273/494	F
570	1928	Beth Sporer	PHILADELPHIA	PA	F30-39	29:25	9:49	22:08	11:04	51:57	51:33	10:19	112/201	F30-39	274/494	F
571	1427	Jessica Arends	RARITAN	NJ	F20-29	30:43	10:15	20:54	10:27	52:21	51:36	10:20	108/161	F20-29	275/494	F
572	1452	Katie Brough	PHILADELPHIA	PA	F20-29	29:53	9:58	21:43	10:52	52:33	51:36	10:20	109/161	F20-29	276/494	F
573	896	Amy Datil	WEST CHESTER	PA	F40-49	30:29	10:10	21:08	10:34	53:01	51:37	10:20	37/74	F40-49	277/494	F
574	870	Yolanda Carrozza	MOUNT LAUREL	NJ	F50-59	30:20	10:07	21:18	10:39	52:17	51:38	10:20	16/41	F50-59	278/494	F
575	1365	Eve Nora Litt	PHILADELPHIA	PA	F30-39	29:24	9:48	22:24	11:12	52:32	51:48	10:22	113/201	F30-39	279/494	F

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Place	Bib#	Name	City	St	Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
576	1551	Julie Greenwald	BRYN MAWR	PA	F20-29	30:43	10:15	21:07	10:34	52:46	51:49	10:22	110/161	F20-29	280/494	F
577	1840	Amanda Mancuso	PHILADELPHIA	PA	F30-39	31:12	10:24	20:41	10:21	53:24	51:53	10:23	114/201	F30-39	281/494	F
578	1839	Alexandra Hale	PHOENIXVILLE	PA	F30-39	31:12	10:24	20:41	10:21	53:24	51:53	10:23	115/201	F30-39	282/494	F
579	1521	Gina Fanelli	HAVERTOWN	PA	F30-39	31:14	10:25	20:44	10:22	53:29	51:57	10:24	116/201	F30-39	283/494	F
580	1639	Katherine Meigs	ARDMORE	PA	F20-29	31:06	10:22	20:53	10:27	53:25	51:58	10:24	111/161	F20-29	284/494	F
581	1638	Bobby Meigs	ARDMORE	PA	M20-29	31:06	10:22	20:53	10:27	53:25	51:58	10:24	78/97	M20-29	294/379	M
582	1400	Bria Smith	PHILADELPHIA	PA	F20-29	29:48	9:56	22:11	11:06	52:32	51:59	10:24	112/161	F20-29	285/494	F
583	1086	Benjamin McCool	PHILADELPHIA	PA	M30-39	30:45	10:15	21:15	10:38	53:37	51:59	10:24	114/136	M30-39	295/379	M

584	903	Andrew Dela Merced	PHILADELPHIA	PA	M30-39	30:45	10:15	21:15	10:38	53:37	51:59	10:24	115/136	M30-39	296/379	M
585	1818	Amy Azorandia	MEDIA	PA	F30-39	30:46	10:16	21:14	10:37	53:30	52:00	10:24	117/201	F30-39	286/494	F
586	986	Caroline Henley	PHILADELPHIA	PA	F20-29	30:51	10:17	21:16	10:38	53:23	52:07	10:26	113/161	F20-29	287/494	F
587	806	Heather Allcorn	PHILADELPHIA	PA	F30-39	30:40	10:14	21:29	10:45	53:38	52:09	10:26	118/201	F30-39	288/494	F
588	961	Sarah Green	PHILADELPHIA	PA	F20-29	31:04	10:22	21:07	10:34	53:12	52:11	10:27	114/161	F20-29	289/494	F
589	1077	Diane Mastrull	PHILADELPHIA	PA	F50-59	31:04	10:22	21:07	10:34	53:13	52:11	10:27	17/41	F50-59	290/494	F
590	1862	Jessica Visniskie	WALLINGFORD	PA	F30-39	30:09	10:03	22:10	11:05	52:51	52:18	10:28	119/201	F30-39	291/494	F
591	1321	Janette Chien	PHILADELPHIA	PA	F20-29	30:52	10:18	21:33	10:47	53:40	52:24	10:29	115/161	F20-29	292/494	F
592	1255	Dana Trigg	DARBY	PA	F40-49	31:00	10:20	21:35	10:48	53:21	52:34	10:31	38/74	F40-49	293/494	F
593	1098	Alexander McKibben	PHILADELPHIA	PA	M20-29	29:10	9:44	23:27	11:44	53:01	52:37	10:32	79/97	M20-29	297/379	M
594	1075	Savannah Martinez	PHILADELPHIA	PA	F20-29	32:40	10:54	20:01	10:01	52:58	52:40	10:32	116/161	F20-29	294/494	F
595	1494	John Davis	PHILADELPHIA	PA	M40-49	30:17	10:06	22:24	11:12	53:15	52:41	10:33	48/66	M40-49	298/379	M
596	890	Carlos Cruz	CLIVE	IA	M30-39	31:19	10:27	21:24	10:42	53:43	52:42	10:33	116/136	M30-39	299/379	M
597	1376	Micael Navarro Lop	EL CERRITO	CA	F30-39	32:47	10:56	19:56	9:58	54:11	52:42	10:33	120/201	F30-39	295/494	F
598	1282	Alicia White	HAINESPORT	NJ	F40-49	30:40	10:14	22:03	11:02	53:30	52:42	10:33	39/74	F40-49	296/494	F
599	1991	Jessica Alexander	PHILADELPHIA	PA	F30-39	31:14	10:25	21:29	10:45	54:27	52:43	10:33	121/201	F30-39	297/494	F
600	1948	Amanda Brickner	BLACKWOOD	NJ	F30-39	30:11	10:04	22:46	11:23	53:40	52:57	10:36	122/201	F30-39	298/494	F

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G	
601	1738	Igor Sikavica	WAYNE	PA	M40-49	30:14	10:05	22:43	11:22	53:40	52:57	10:36	49/66	M40-49	300/379	M
602	1806	Danielle Zinar	PHILADELPHIA	PA	F20-29	30:36	10:12	22:21	11:11	53:38	52:57	10:36	117/161	F20-29	299/494	F

603	1091	Mary McDyer	ASTON	PA F20-29	31:20	10:27	21:38	10:49	53:19	52:58	10:36	118/161	F20-29	300/494	F
604	1064	Leena Malik	PHILADELPHIA	PA F20-29	30:19	10:07	22:44	11:22	53:21	53:03	10:37	119/161	F20-29	301/494	F
605	1740	Amelia Siwa	PHILADELPHIA	PA F20-29	32:26	10:49	20:42	10:21	54:18	53:08	10:38	120/161	F20-29	302/494	F
606	1644	Pete Mills		-- M50-59	32:27	10:49	20:42	10:21	54:18	53:09	10:38	37/53	M50-59	301/379	M
607	1642	Elizabeth Messineo	PHILADELPHIA	PA F20-29	31:07	10:23	22:06	11:03	54:07	53:13	10:39	121/161	F20-29	303/494	F
608	1752	Matt Stewart		-- M30-39	31:08	10:23	22:06	11:03	54:07	53:13	10:39	117/136	M30-39	302/379	M
609	1368	Lynn McCullough	NARBERTH	PA F50-59	31:08	10:23	22:06	11:03	54:06	53:14	10:39	18/41	F50-59	304/494	F
610	1447	Alexandria Brake	PHILADELPHIA	PA F20-29	31:31	10:31	21:47	10:54	54:31	53:18	10:40	122/161	F20-29	305/494	F
611	1137	Tim O'Shaughnessy	WEST CHESTER	PA M50-59	31:04	10:22	22:17	11:09	54:56	53:20	10:40	38/53	M50-59	303/379	M
612	1367	Michael McBride	CHERRY HILL	NJ M40-49	31:32	10:31	21:55	10:58	53:49	53:27	10:42	50/66	M40-49	304/379	M
613	1448	Carrie Brennan	DREXEL HILL	PA F40-49	31:35	10:32	21:57	10:59	54:44	53:31	10:43	40/74	F40-49	306/494	F
614	856	Susan Callanen	PHILADELPHIA	PA F40-49	31:04	10:22	22:29	11:15	54:23	53:32	10:43	41/74	F40-49	307/494	F
615	1397	Ann Schuster	PHILADELPHIA	PA F30-39	31:19	10:27	22:20	11:10	54:01	53:38	10:44	123/201	F30-39	308/494	F
616	1676	Nana Opoku	PHILADELPHIA	PA M30-39	31:02	10:21	22:37	11:19	55:28	53:38	10:44	118/136	M30-39	305/379	M
617	1187	Nilka Rodriguez	PHILADELPHIA	PA F30-39	31:04	10:22	22:35	11:18	54:11	53:39	10:44	124/201	F30-39	309/494	F
618	1929	Sarah Tampio	PHILADELPHIA	PA F30-39	30:34	10:12	23:06	11:33	54:53	53:40	10:44	125/201	F30-39	310/494	F
619	1900	Gene Coletta	PHILADELPHIA	PA M30-39	30:35	10:12	23:07	11:34	54:54	53:41	10:45	119/136	M30-39	306/379	M
620	1949	Maryalice Nevaduns	RUNNEMEDE	NJ F20-29	30:16	10:06	23:26	11:43	54:22	53:42	10:45	123/161	F20-29	311/494	F
621	942	Jessica Frame	PHILADELPHIA	PA F30-39	30:35	10:12	23:08	11:34	54:54	53:42	10:45	126/201	F30-39	312/494	F
622	1657	Ray Motlasz	BURLINGTON	NJ M50-59	30:42	10:14	23:05	11:33	54:34	53:46	10:46	39/53	M50-59	307/379	M
623	1141	Isabella Pagana	PHILADELPHIA	PA F20-29	32:14	10:45	21:37	10:49	54:07	53:51	10:47	124/161	F20-29	313/494	F
624	1531	Liz Gallelli	DREXEL HILL	PA F30-39	31:04	10:22	22:50	11:25	54:23	53:53	10:47	127/201	F30-39	314/494	F
625	1390	Caitlin Reynolds	PHILADELPHIA	PA F30-39	31:53	10:38	22:01	11:01	55:34	53:53	10:47	128/201	F30-39	315/494	F

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
626	1353	Bailea Hoetmer	PHILADELPHIA	PA F20-29	31:53	10:38	22:01	11:01	55:34	53:54	10:47	125/161	F20-29	316/494	F
627	1947				31:04	10:22	22:53	11:27		53:56	10:48				
628	940	Stephanie Foster	PHILADELPHIA	PA F40-49	31:12	10:24	22:47	11:24	54:38	53:58	10:48	42/74	F40-49	317/494	F
629	840	Rachael Britt	PHILADELPHIA	PA F20-29	31:40	10:34	22:26	11:13	54:40	54:06	10:50	126/161	F20-29	318/494	F
630	1131	Jessica Oconor	PHILADELPHIA	PA F30-39	31:47	10:36	22:20	11:10	55:39	54:07	10:50	129/201	F30-39	319/494	F
631	1509	Dave Drahovsky	LEBANON	PA M40-49	31:00	10:20	23:11	11:36	55:10	54:10	10:50	51/66	M40-49	308/379	M
632	1357	Jen Jolles	PHILADELPHIA	PA F20-29	31:41	10:34	22:30	11:15	54:25	54:11	10:51	127/161	F20-29	320/494	F
633	1139	Calli Padilla	PHILADELPHIA	PA F30-39	31:16	10:26	22:56	11:28	55:55	54:12	10:51	130/201	F30-39	321/494	F
634	1140	Evan Padilla	PHILADELPHIA	PA M30-39	31:15	10:25	22:58	11:29	55:55	54:12	10:51	120/136	M30-39	309/379	M
635	1301	Emmanuel Acheampon	ABSECON	NJ M20-29	30:47	10:16	23:33	11:47	54:33	54:19	10:52	80/97	M20-29	310/379	M
636	1923	Nevan Soumilas	HADDONFIELD	NJ F40-49	31:42	10:34	22:48	11:24	54:58	54:29	10:54	43/74	F40-49	322/494	F
637	1354	John Holland	PHILADELPHIA	PA M50-59	31:50	10:37	22:41	11:21	55:41	54:30	10:54	40/53	M50-59	311/379	M
638	1355	Terinae Holland	PHILADELPHIA	PA F30-39	31:49	10:37	22:42	11:21	55:40	54:30	10:54	131/201	F30-39	323/494	F
639	1812	Bert Greener	SICKLERVILLE	NJ M60-69	32:20	10:47	22:15	11:08	55:25	54:34	10:55	17/21	M60-69	312/379	M
640	1459	Erin Burbules	THORNDALE	PA F30-39	31:24	10:28	23:12	11:36	57:37	54:35	10:55	132/201	F30-39	324/494	F
641	1687	Jennifer Peters	CHALFONT	PA F40-49	31:20	10:27	23:17	11:39	55:39	54:36	10:56	44/74	F40-49	325/494	F
642	1383	Marina Perepelyuk	PHILADELPHIA	PA F30-39	31:13	10:25	23:24	11:42	55:13	54:37	10:56	133/201	F30-39	326/494	F
643	1053	Alex Linn	PHILADELPHIA	PA F20-29	31:58	10:40	22:52	11:26	56:25	54:50	10:58	128/161	F20-29	327/494	F
644	858	Andy Cameron	PHILADELPHIA	PA M20-29	31:59	10:40	22:51	11:26	56:26	54:50	10:58	81/97	M20-29	313/379	M
645	823	Jenson Benjamin	PHILADELPHIA	PA M20-29	31:33	10:31	23:21	11:41	55:11	54:54	10:59	82/97	M20-29	314/379	M
646	1497	Stephanie Dececco	ARDMORE	PA F30-39	31:48	10:36	23:10	11:35	55:51	54:57	11:00	134/201	F30-39	328/494	F



647	820	Kat Battaglia	NOTTINGHAM	MD F20-29	31:22	10:28	23:36	11:48	55:44	54:58	11:00	129/161	F20-29	329/494	F
648	1385	Ha Pham	PHILADELPHIA	PA F30-39	31:48	10:36	23:10	11:35	55:51	54:58	11:00	135/201	F30-39	330/494	F
649	1498	Kristen Delgripo	NORRISTOWN	PA F30-39	32:09	10:43	22:49	11:25	56:17	54:58	11:00	136/201	F30-39	331/494	F
650	1518	Shannon Elliott	SWARTHMORE	PA F40-49	31:50	10:37	23:10	11:35	55:51	55:00	11:00	45/74	F40-49	332/494	F

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=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
651	1703	Paul Renn	PHILADELPHIA	PA M30-39	31:27	10:29	23:40	11:50	56:14	55:06	11:02	121/136	M30-39	315/379	M
652	1204	Joani Schmeling	PHILADELPHIA	PA F30-39	32:22	10:48	22:51	11:25	56:05	55:12	11:03	137/201	F30-39	333/494	F
653	1097	Lorrie McKenna	PHILADELPHIA	PA F60-69	30:53	10:18	24:32	12:16	56:20	55:25	11:05	2/14	F60-69	334/494	F
654	1349	Ann Hedges	BRYN MAWR	PA F40-49	32:22	10:48	23:06	11:33	56:09	55:28	11:06	46/74	F40-49	335/494	F
655	1010	Mikey Ilagan	COLLINGSWOOD	NJ M30-39	33:05	11:02	22:23	11:12	57:22	55:28	11:06	122/136	M30-39	316/379	M
656	1356	Matt Hunn	BENSALEM	PA M40-49	33:06	11:02	22:25	11:13	57:25	55:30	11:06	52/66	M40-49	317/379	M
657	909	Clare Diamond	PHILADELPHIA	PA F20-29	32:36	10:52	22:55	11:28	56:40	55:30	11:06	130/161	F20-29	336/494	F
658	1351	Rachael Hendricks	PHILADELPHIA	PA F30-39	33:06	11:02	22:26	11:13	57:26	55:31	11:07	138/201	F30-39	337/494	F
659	1776	Mercedes Valero	PHILADELPHIA	PA F20-29	32:39	10:53	22:54	11:27	56:40	55:32	11:07	131/161	F20-29	338/494	F
660	964	Megan Griesser	PHILADELPHIA	PA F20-29	32:38	10:53	22:56	11:28	56:40	55:33	11:07	132/161	F20-29	339/494	F
661	1938	Deborah Farrar	PHILADELPHIA	PA F60-69	31:50	10:37	23:44	11:52	56:08	55:34	11:07	3/14	F60-69	340/494	F
662	1536	Clark Garland	--	M50-59	32:39	10:53	22:56	11:28	56:40	55:34	11:07	41/53	M50-59	318/379	M
663	1866	Luke Little	WASHINGTON	DC M20-29	33:02	11:01	22:37	11:19	57:23	55:39	11:08	83/97	M20-29	319/379	M
664	1293	Jennifer Young	PHILADELPHIA	PA F20-29	32:16	10:46	23:24	11:42	56:52	55:40	11:08	133/161	F20-29	341/494	F
665	1867	Alex Miles	WASHINGTON	DC F20-29	33:03	11:01	22:38	11:19	57:24	55:40	11:08	134/161	F20-29	342/494	F

666	1125	Thao Nguyen	PHILADELPHIA	PA F30-39	31:49	10:37	23:53	11:57	56:28	55:41	11:09	139/201	F30-39	343/494	F
667	934	Ed Fink	PHILADELPHIA	PA M30-39	32:54	10:58	22:52	11:26	56:35	55:45	11:09	123/136	M30-39	320/379	M
668	1294	Diana Zalewski	PHILADELPHIA	PA F30-39	32:54	10:58	22:53	11:27	56:36	55:46	11:10	140/201	F30-39	344/494	F
669	911	Bridget Dougherty	PHILADELPHIA	PA F40-49	32:47	10:56	23:05	11:33	57:06	55:51	11:11	47/74	F40-49	345/494	F
670	1457	Danielle Buckius	PHILADELPHIA	PA F30-39	32:27	10:49	23:25	11:43	56:48	55:52	11:11	141/201	F30-39	346/494	F
671	1024	Shloka Joshi	NORTH WALES	PA F30-39	31:39	10:33	24:17	12:09	56:20	55:55	11:11	142/201	F30-39	347/494	F
672	1401	Lisa Span	PHILADELPHIA	PA F30-39	32:49	10:57	23:09	11:35	57:31	55:58	11:12	143/201	F30-39	348/494	F
673	1273	Catherine Weigley	PHILADELPHIA	PA F40-49	33:07	11:03	22:53	11:27	56:55	56:00	11:12	48/74	F40-49	349/494	F
674	1605	Matt Koch	DOWNTOWN	PA M40-49	32:18	10:46	23:52	11:56	57:33	56:09	11:14	53/66	M40-49	321/379	M
675	905	Nalin Deshpande	HAVERTOWN	PA M20-29	32:22	10:48	23:50	11:55	57:19	56:12	11:15	84/97	M20-29	322/379	M

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
676	1824	Marylin Heffron	NORTH WALES	PA F60-69	32:42	10:54	23:39	11:50	57:29	56:21	11:17	4/14	F60-69	350/494	F
677	1631	Eleni McCreedy	HAVERTOWN	PA F30-39	32:55	10:59	23:31	11:46	57:49	56:25	11:17	144/201	F30-39	351/494	F
678	1789	Kealan Warner	HADDONFIELD	NJ F40-49	38:03	12:41	18:26	9:13	57:35	56:28	11:18	49/74	F40-49	352/494	F
679	1649	Anthony Moore		-- M30-39	38:03	12:41	18:27	9:14	57:36	56:29	11:18	124/136	M30-39	323/379	M
680	1271	Kelsey Warren	PHILADELPHIA	PA F20-29	33:23	11:08	23:11	11:36	58:04	56:34	11:19	135/161	F20-29	353/494	F
681	1768	Melissa Tomasic	GLENMOORE	PA F40-49	32:26	10:49	24:09	12:05	57:21	56:35	11:19	50/74	F40-49	354/494	F
682	1238	Liza Strauch	PHILADELPHIA	PA F20-29	33:23	11:08	23:13	11:37	58:04	56:36	11:20	136/161	F20-29	355/494	F
683	1877	Kevin Bennett	MOORESTOWN	NJ M20-29	33:23	11:08	23:14	11:37	58:06	56:37	11:20	85/97	M20-29	324/379	M
684	1206	Jeff Schmidt	PHILADELPHIA	PA M20-29	33:24	11:08	23:15	11:38	58:06	56:38	11:20	86/97	M20-29	325/379	M

685	1303	Dana Allison	PHILADELPHIA	PA F40-49	32:42	10:54	23:58	11:59	57:24	56:40	11:20	51/74	F40-49	356/494	F
686	1673	John O'Brien	SICKLERVILLE	NJ M40-49	32:37	10:53	24:09	12:05	57:35	56:45	11:21	54/66	M40-49	326/379	M
687	882	Samantha Collinge	PHILADELPHIA	PA F20-29	33:38	11:13	23:14	11:37	58:03	56:52	11:23	137/161	F20-29	357/494	F
688	1331	Emily Delisle	PHILADELPHIA	PA F20-29					56:54	56:54	11:23	138/161	F20-29	358/494	F
689	921	Cedric Edwards	GLENSIDE	PA M50-59	33:09	11:03	23:57	11:59	1:01:39	57:05	11:25	42/53	M50-59	327/379	M
690	889	Joanna Craney	GLENSIDE	PA F30-39	33:13	11:05	23:55	11:58	1:01:40	57:07	11:26	145/201	F30-39	359/494	F
691	1000	Jane Horstmann	PHILADELPHIA	PA F30-39	32:42	10:54	24:30	12:15	58:10	57:11	11:27	146/201	F30-39	360/494	F
692	1648	Meghan Minton	SICKLERVILLE	NJ F30-39	34:27	11:29	22:46	11:23	58:47	57:13	11:27	147/201	F30-39	361/494	F
693	1990	Avryl Klich	PHILADELPHIA	PA F30-39	33:23	11:08	23:51	11:56	58:58	57:14	11:27	148/201	F30-39	362/494	F
694	1154	Andrew Pellegrino	NORRISTOWN	PA M50-59	32:30	10:50	24:48	12:24	57:42	57:18	11:28	43/53	M50-59	328/379	M
695	1153	Andrea Pellegrino	NORRISTOWN	PA F50-59	32:31	10:51	24:48	12:24	57:42	57:19	11:28	19/41	F50-59	363/494	F
696	1939	Rory McQuade	RYE	NY M20-29	32:21	10:47	25:00	12:30	58:46	57:21	11:29	87/97	M20-29	329/379	M
697	1917	Stephen Fernands	HADDONFIELD	NJ M40-49	32:54	10:58	24:28	12:14	58:27	57:22	11:29	55/66	M40-49	330/379	M
698	1847	Vinayak Walimbe	PHILADELPHIA	PA M40-49	32:54	10:58	24:29	12:15	58:28	57:23	11:29	56/66	M40-49	331/379	M
699	1262	Labre Tyler	PHILADELPHIA	PA F30-39	33:30	11:10	23:55	11:58	58:34	57:25	11:29	149/201	F30-39	364/494	F
700	1643	Jessica Miller	CONSHOHOCKEN	PA F30-39	34:15	11:25	23:11	11:36	58:36	57:25	11:29	150/201	F30-39	365/494	F

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G	
701	1482	Marquis Conrow		--	M20-29	39:10	13:04	18:26	9:13	57:35	57:35	11:31	88/97	M20-29	332/379	M
702	1106	Leslie Minora	PHILADELPHIA	PA	F30-39	33:13	11:05	24:31	12:16	58:45	57:44	11:33	151/201	F30-39	366/494	F
703	1634	Bryn McDonough	PHILADELPHIA	PA	F30-39	33:15	11:05	24:30	12:15	58:46	57:45	11:33	152/201	F30-39	367/494	F

704	1136	Marianne O'Shaughn	WEST CHESTER	PA	F50-59	33:00	11:00	24:59	12:30	59:33	57:58	11:36	20/41	F50-59	368/494	F
705	832	Trino Boix	PHILADELPHIA	PA	M50-59	32:51	10:57	25:11	12:36	58:50	58:02	11:37	44/53	M50-59	333/379	M
706	1234	Kaitlyn Sniffen	PHILADELPHIA	PA	F30-39	32:50	10:57	25:14	12:37	58:32	58:03	11:37	153/201	F30-39	369/494	F
707	1276	Lisa Wells	PAULSBORO	NJ	F30-39	34:23	11:28	23:45	11:53	59:43	58:08	11:38	154/201	F30-39	370/494	F
708	1280	Katherine Weston	TOWNSEND	DE	F50-59	33:19	11:07	24:57	12:29	59:22	58:16	11:40	21/41	F50-59	371/494	F
709	958	Lacey Ama	PHILADELPHIA	PA	F20-29	33:46	11:16	24:31	12:16	59:48	58:17	11:40	139/161	F20-29	372/494	F
710	1680	Dawn Patterson	ROEBLING	NJ	F40-49	33:56	11:19	24:22	12:11	58:56	58:17	11:40	52/74	F40-49	373/494	F
711	1440	Nicole Benner	GLENSIDE	PA	F40-49	33:57	11:19	24:22	12:11	58:57	58:18	11:40	53/74	F40-49	374/494	F
712	1920	Mohamed Tidiane Ko	PHILADELPHIA	PA	M30-39	34:32	11:31	23:47	11:54	1:00:06	58:19	11:40	125/136	M30-39	334/379	M
713	1396	Makini Rush	PHILADELPHIA	PA	F40-49	33:15	11:05	25:07	12:34	58:40	58:22	11:41	54/74	F40-49	375/494	F
714	1009	Gralin Hughes	GLENSIDE	PA	M40-49	34:23	11:28	24:01	12:01	59:23	58:23	11:41	57/66	M40-49	335/379	M
715	1374	Jessica Morlock	PHILADELPHIA	PA	F30-39	35:02	11:41	23:26	11:43	59:52	58:28	11:42	155/201	F30-39	376/494	F
716	1185	Erin Robinson	PHILADELPHIA	PA	F30-39	35:03	11:41	23:26	11:43	59:52	58:29	11:42	156/201	F30-39	377/494	F
717	1251	Chi Tran	COLLINGSWOOD	NJ	F30-39	33:22	11:08	25:10	12:35	1:00:12	58:31	11:43	157/201	F30-39	378/494	F
718	1399	John Sharkey	COLLEGEVILLE	PA	M50-59	34:34	11:32	24:02	12:01	1:00:00	58:35	11:43	45/53	M50-59	336/379	M
719	1307	Rebecca Baranowski	PHILADELPHIA	PA	F60-69	34:24	11:28	24:22	12:11	1:00:20	58:45	11:45	5/14	F60-69	379/494	F
720	828	Jennifer Bevan	PHILADELPHIA	PA	F40-49	33:55	11:19	24:52	12:26	59:20	58:47	11:46	55/74	F40-49	380/494	F
721	941	Tiffany Foster	PHILADELPHIA	PA	F30-39	33:56	11:19	24:52	12:26	59:20	58:48	11:46	158/201	F30-39	381/494	F
722	1555	Abigail Hansell	AMBLER	PA	F20-29	35:04	11:42	23:47	11:54	1:00:04	58:50	11:46	140/161	F20-29	382/494	F
723	1734	Beenash Sheikh	AMBLER	PA	F30-39	35:04	11:42	23:47	11:54	1:00:04	58:51	11:47	159/201	F30-39	383/494	F
724	1568	Theresa Hobson	COATESVILLE	PA	F40-49	35:18	11:46	23:34	11:47	59:30	58:51	11:47	56/74	F40-49	384/494	F
725	1110	Marianne Mondt	PHILADELPHIA	PA	F30-39	33:26	11:09	25:28	12:44	59:58	58:54	11:47	160/201	F30-39	385/494	F

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
726	1699	Luisa Ramondo	BRYN MAWR	PA F40-49	32:01	10:41	26:54	13:27	59:04	58:55	11:47	57/74	F40-49	386/494	F
727	1442	Andrea Berger	PHILADELPHIA	PA F40-49	32:40	10:54	26:19	13:10	59:33	58:59	11:48	58/74	F40-49	387/494	F
728	1384	Dave Peterson	PHILADELPHIA	PA M60-69	35:09	11:43	23:52	11:56	1:00:24	59:00	11:48	18/21	M60-69	337/379	M
729	1241	Sheila Sutton	ROYERSFORD	PA F30-39	33:32	11:11	25:29	12:45	59:38	59:01	11:49	161/201	F30-39	388/494	F
730	914	Noelle Drago	PHILADELPHIA	PA F30-39	34:59	11:40	24:12	12:06	1:00:34	59:11	11:51	162/201	F30-39	389/494	F
731	1586	Doris Jones	DOWNINGTOWN	PA F60-69	35:20	11:47	23:52	11:56	59:52	59:11	11:51	6/14	F60-69	390/494	F
732	1013	Genise Ivins	WESTVILLE	NJ F30-39	35:09	11:43	24:15	12:08	1:00:58	59:23	11:53	163/201	F30-39	391/494	F
733	1378	Madeline O	PHILADELPHIA	PA F20-29	35:05	11:42	24:20	12:10	1:00:21	59:24	11:53	141/161	F20-29	392/494	F
734	1756	Morgan Sullivan	SPARTA	NJ F20-29	33:34	11:12	25:54	12:57	1:00:13	59:28	11:54	142/161	F20-29	393/494	F
735	1852	Donnell Price	PHILADELPHIA	PA M20-29	32:39	10:53	26:54	13:27	59:56	59:33	11:55	89/97	M20-29	338/379	M
736	1946				36:00	12:00	23:33	11:47		59:33	11:55				
737	1333	Nora Donahue	PHILADELPHIA	PA F20-29	35:05	11:42	24:35	12:18	1:00:37	59:40	11:56	143/161	F20-29	394/494	F
738	1762	Joan Tapken	PITMAN	NJ F40-49	33:42	11:14	26:09	13:05	1:00:21	59:51	11:59	59/74	F40-49	395/494	F
739	887	Derrick Cosby	HATFIELD	PA M40-49	37:13	12:24	22:51	11:26	1:01:41	1:00:03	12:01	58/66	M40-49	339/379	M
740	1004	Trish Houck	PHILADELPHIA	PA F50-59	35:05	11:42	25:03	12:32	1:01:34	1:00:08	12:02	22/41	F50-59	396/494	F
741	987	Angela Henry	PHILADELPHIA	PA F50-59	34:27	11:29	25:44	12:52	1:01:22	1:00:10	12:02	23/41	F50-59	397/494	F
742	1722	Barry Sagalow	BRYN MAWR	PA M60-69	36:18	12:06	23:57	11:59	1:02:01	1:00:15	12:03	19/21	M60-69	340/379	M
743	1252	Heng Tran	PHILADELPHIA	PA F30-39	35:32	11:51	24:46	12:23	1:00:44	1:00:17	12:04	164/201	F30-39	398/494	F
744	1411	John Ungar	MERION STATION	PA M50-59	36:59	12:20	23:20	11:40	1:00:30	1:00:19	12:04	46/53	M50-59	341/379	M
745	1363	Meimei Le	PHILADELPHIA	PA F30-39	35:32	11:51	24:48	12:24	1:00:46	1:00:19	12:04	165/201	F30-39	399/494	F
746	1763	Frank Taylor		-- M60-69	34:44	11:35	25:42	12:51	1:01:20	1:00:26	12:06	20/21	M60-69	342/379	M
747	1793	Stephanie Wilrigs	RUNNEMEDE	NJ F30-39	35:16	11:46	25:28	12:44	1:01:37	1:00:44	12:09	166/201	F30-39	400/494	F

748	1542	Marla Gerber	CHERRY HILL	NJ F50-59	35:16	11:46	25:29	12:45	1:01:38	1:00:45	12:09	24/41	F50-59	401/494	F
749	1736	Nani Shin	KENNETT SQUARE	PA F50-59	36:04	12:02	24:43	12:22	1:02:08	1:00:47	12:10	25/41	F50-59	402/494	F
750	1510	Danielle Dunne	MANAHAWKIN	NJ F30-39	33:38	11:13	27:17	13:39	1:02:28	1:00:54	12:11	167/201	F30-39	403/494	F

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=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
751	1437	Jill Beccaris-Pesc	PHILADELPHIA	PA F50-59	34:19	11:27	26:41	13:21	1:01:29	1:00:59	12:12	26/41	F50-59	404/494	F
752	1635	Kerry Anne McGeary	SKILLMAN	NJ F50-59	34:20	11:27	26:41	13:21	1:01:29	1:01:00	12:12	27/41	F50-59	405/494	F
753	938	Hillary Flouris	PHILADELPHIA	PA F30-39	35:16	11:46	25:48	12:54	1:01:36	1:01:03	12:13	168/201	F30-39	406/494	F
754	969	Rich Haelig	PHILADELPHIA	PA M30-39	35:12	11:44	25:57	12:59	1:02:59	1:01:09	12:14	126/136	M30-39	343/379	M
755	968	Catie Haelig	PHILADELPHIA	PA F30-39	35:13	11:45	25:56	12:58	1:02:59	1:01:09	12:14	169/201	F30-39	407/494	F
756	1677	Edwin Padilla	BRYN MAWR	PA M20-29	35:55	11:59	25:21	12:41	1:05:07	1:01:15	12:15	90/97	M20-29	344/379	M
757	1557	Patricia Harkins	NEW HOPE	PA F50-59	36:07	12:03	25:16	12:38	1:02:41	1:01:22	12:17	28/41	F50-59	408/494	F
758	1529	Jodi Friedman	ARDMORE	PA F50-59	36:07	12:03	25:15	12:38	1:02:41	1:01:22	12:17	29/41	F50-59	409/494	F
759	1618	Amy Lyon	PHILADELPHIA	PA F20-29	32:47	10:56	28:42	14:21	1:02:18	1:01:28	12:18	144/161	F20-29	410/494	F
760	1775	Nelida Valentin	TRENTON	NJ F50-59	36:14	12:05	25:23	12:42	1:02:28	1:01:37	12:20	30/41	F50-59	411/494	F
761	1352	Megan Hightower	PHILADELPHIA	PA F30-39	34:19	11:27	27:18	13:39	1:02:01	1:01:37	12:20	170/201	F30-39	412/494	F
762	1240	Lauren Stroud	PHILADELPHIA	PA F30-39	34:19	11:27	27:18	13:39	1:02:01	1:01:37	12:20	171/201	F30-39	413/494	F
763	1594	Dj Kelbaugh	VOORHEES	NJ M20-29	33:41	11:14	27:59	14:00	1:02:15	1:01:39	12:20	91/97	M20-29	345/379	M
764	816	Nicola Barnes	PHILADELPHIA	PA F20-29	33:41	11:14	27:59	14:00	1:02:15	1:01:40	12:20	145/161	F20-29	414/494	F
765	1935	Sarah Ritter	PHILADELPHIA	PA F20-29	36:16	12:06	25:27	12:44	1:02:02	1:01:42	12:21	146/161	F20-29	415/494	F
766	822	Janine Beale	PHILADELPHIA	PA F50-59	35:29	11:50	26:18	13:09	1:02:08	1:01:46	12:22	31/41	F50-59	416/494	F

767	1198	Lesley Sagalow	PHILADELPHIA	PA F20-29	37:54	12:38	23:57	11:59	1:02:01	1:01:50	12:22	147/161	F20-29	417/494	F
768	1212	Crystal Shephard	PHILADELPHIA	PA F30-39	36:12	12:04	25:41	12:51	1:02:16	1:01:53	12:23	172/201	F30-39	418/494	F
769	1386	A. Nicole Phillips	GLENSIDE	PA F40-49	36:37	12:13	25:24	12:42	1:03:44	1:02:00	12:24	60/74	F40-49	419/494	F
770	1843	Brittany Anderson	PHILADELPHIA	PA F30-39	36:53	12:18	25:10	12:35	1:03:34	1:02:02	12:25	173/201	F30-39	420/494	F
771	1317	Ivery Callaway	RIVERTON	NJ M70+	37:19	12:27	24:47	12:24	1:03:04	1:02:05	12:25	2/3	M70+	346/379	M
772	1791	Janine Waters	HAVERTOWN	PA F40-49	35:37	11:53	26:55	13:28	1:04:18	1:02:32	12:31	61/74	F40-49	421/494	F
773	1854	Madelyn McDonnell	PHILADELPHIA	PA F20-29	36:02	12:01	26:31	13:16	1:03:33	1:02:32	12:31	148/161	F20-29	422/494	F
774	1402	Cordelia Springstu	PHILADELPHIA	PA F30-39	36:34	12:12	26:03	13:02	1:03:34	1:02:36	12:32	174/201	F30-39	423/494	F
775	1874	Esther Bourdeau	PHILADELPHIA	PA F30-39	36:24	12:08	26:26	13:13	1:04:09	1:02:49	12:34	175/201	F30-39	424/494	F

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
776	930	Phil Farber	PHILADELPHIA	PA M40-49	37:25	12:29	25:33	12:47	1:04:33	1:02:57	12:36	59/66	M40-49	347/379	M
777	1550	Tashima Goode	PHILADELPHIA	PA F30-39	36:23	12:08	26:35	13:18	1:04:19	1:02:58	12:36	176/201	F30-39	425/494	F
778	1814	Kevin Murray	PHILADELPHIA	PA M40-49	36:28	12:10	26:37	13:19	1:03:15	1:03:04	12:37	60/66	M40-49	348/379	M
779	1439	Kelly Bender	KENNETT SQUARE	PA F50-59	36:05	12:02	27:02	13:31	1:04:26	1:03:06	12:38	32/41	F50-59	426/494	F
780	963	Carolyn Gregory	PHILADELPHIA	PA F60-69	36:12	12:04	27:04	13:32	1:04:15	1:03:15	12:39	7/14	F60-69	427/494	F
781	1107	Antoinette Mitchel	PHILADELPHIA	PA F60-69	36:42	12:14	26:36	13:18	1:03:55	1:03:18	12:40	8/14	F60-69	428/494	F
782	1322	Adrienne Clark	PHILADELPHIA	PA F30-39	36:24	12:08	26:56	13:28	1:04:18	1:03:20	12:40	177/201	F30-39	429/494	F
783	1392	Nikele Riek	PHILADELPHIA	PA M30-39	34:32	11:31	28:50	14:25	1:04:49	1:03:21	12:41	127/136	M30-39	349/379	M
784	1391	Jennifer Riek	PHILADELPHIA	PA F30-39	34:32	11:31	28:50	14:25	1:04:49	1:03:21	12:41	178/201	F30-39	430/494	F
785	1587	Marcelous Jones	LANGHORNE	PA M30-39	35:23	11:48	28:02	14:01	1:04:08	1:03:24	12:41	128/136	M30-39	350/379	M

786	1340	Celia Gaertig	PHILADELPHIA	PA F30-39	37:39	12:33	26:07	13:04	1:04:57	1:03:45	12:45	179/201	F30-39	431/494	F
787	1504	Lisa Dipietropolo	MARLTON	NJ F30-39	35:52	11:58	27:57	13:59	1:04:17	1:03:49	12:46	180/201	F30-39	432/494	F
788	1445	Melissa Bozzuto	SPRINGFIELD	PA F40-49	37:27	12:29	26:32	13:16	1:05:00	1:03:59	12:48	62/74	F40-49	433/494	F
789	1270	Stephanie Warakoms	PHILADELPHIA	PA F60-69	37:45	12:35	26:29	13:15	1:05:32	1:04:13	12:51	9/14	F60-69	434/494	F
790	1170	Lynn Raevisky	SOUTHAMPTON	PA F50-59	37:43	12:35	26:35	13:18	1:04:46	1:04:18	12:52	33/41	F50-59	435/494	F
791	1664	Crystal Nelson	DOWNINGTOWN	PA F40-49	36:59	12:20	27:22	13:41	1:05:00	1:04:20	12:52	63/74	F40-49	436/494	F
792	1406	Shirlene Sturgis-J	NORRISTOWN	PA F50-59	36:59	12:20	27:23	13:42	1:05:01	1:04:21	12:53	34/41	F50-59	437/494	F
793	1045	Tia Larese	PHILADELPHIA	PA F30-39	38:05	12:42	26:33	13:17	1:05:30	1:04:37	12:56	181/201	F30-39	438/494	F
794	1412	Tanya Ungar	MERION STATION	PA F50-59	36:59	12:20	27:48	13:54	1:04:58	1:04:46	12:58	35/41	F50-59	439/494	F
795	1537	Devon Garrett	PHILADELPHIA	PA M20-29	39:07	13:03	25:57	12:59	1:06:52	1:05:03	13:01	92/97	M20-29	351/379	M
796	817	Amy Bartosh	PHILADELPHIA	PA F40-49	37:33	12:31	27:36	13:48	1:05:32	1:05:09	13:02	64/74	F40-49	440/494	F
797	1716	Susan Rossman	CHERRY HILL	NJ F30-39	37:22	12:28	27:48	13:54	1:06:03	1:05:09	13:02	182/201	F30-39	441/494	F
798	1619	Megan Maguire	HOBOKEN	NJ F30-39	37:58	12:40	27:12	13:36	1:06:04	1:05:10	13:02	183/201	F30-39	442/494	F
799	1620	Molly Maguire	DREXEL HILL	PA F30-39	37:57	12:39	27:14	13:37	1:06:04	1:05:10	13:02	184/201	F30-39	443/494	F
800	1617	Renata Luczak	NEW YORK	NY F40-49	38:51	12:57	26:35	13:18	1:06:24	1:05:25	13:05	65/74	F40-49	444/494	F

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
801	1724	Jenee Sampson	CLIFTON HEIGHTS	PA F30-39	37:53	12:38	27:43	13:52	1:06:38	1:05:36	13:08	185/201	F30-39	445/494	F
802	992	Victoria Hill	PHILADELPHIA	PA F60-69	37:43	12:35	28:22	14:11	1:07:25	1:06:04	13:13	10/14	F60-69	446/494	F
803	1741	Charles Smith		-- M50-59	38:24	12:48	27:42	13:51	1:07:16	1:06:06	13:14	47/53	M50-59	352/379	M
804	1462	Christine Carlin	ATGLEN	PA F20-29	38:26	12:49	27:45	13:53	1:07:20	1:06:11	13:14	149/161	F20-29	447/494	F



805	1018	Valerie Johnson	PHILADELPHIA	PA F30-39	32:39	10:53	33:33	16:47	1:07:19	1:06:11	13:15	186/201	F30-39	448/494	F
806	933	Sara Figueroa	PHILADELPHIA	PA F20-29	36:55	12:19	29:19	14:40	1:07:19	1:06:13	13:15	150/161	F20-29	449/494	F
807	878	Jon Chucas	COLLINGSWOOD	NJ M50-59	38:24	12:48	27:50	13:55	1:07:25	1:06:14	13:15	48/53	M50-59	353/379	M
808	1610	Bob Law	MANTUA	NJ M50-59	36:54	12:18	29:22	14:41	1:07:24	1:06:16	13:16	49/53	M50-59	354/379	M
809	1461	Rob Carfagno	PHILADELPHIA	PA M40-49	36:55	12:19	29:23	14:42	1:07:24	1:06:17	13:16	61/66	M40-49	355/379	M
810	1679	Claire Patterson	PHILADELPHIA	PA F20-29	36:56	12:19	29:22	14:41	1:07:24	1:06:18	13:16	151/161	F20-29	450/494	F
811	1132	Kara Lynne Ogawa	PHILADELPHIA	PA F20-29	38:29	12:50	27:51	13:56	1:07:24	1:06:19	13:16	152/161	F20-29	451/494	F
812	1209	Astrid Schrier	PHILADELPHIA	PA F30-39	37:03	12:21	29:18	14:39	1:07:19	1:06:20	13:16	187/201	F30-39	452/494	F
813	1237	Andy Stitt	PHILADELPHIA	PA M30-39	37:02	12:21	29:23	14:42	1:07:25	1:06:24	13:17	129/136	M30-39	356/379	M
814	1418	Robert Wright	PHILADELPHIA	PA M40-49	39:26	13:09	27:05	13:33	1:08:19	1:06:31	13:19	62/66	M40-49	357/379	M
815	831	Mark Block	BROOKLYN	NY M50-59	39:33	13:11	27:07	13:34	1:08:19	1:06:39	13:20	50/53	M50-59	358/379	M
816	1361	Mike Lamb	PHILADELPHIA	PA M30-39	36:26	12:09	30:14	15:07	1:07:39	1:06:40	13:20	130/136	M30-39	359/379	M
817	1438	George Beerschank	PHILADELPHIA	PA M30-39	38:50	12:57	27:54	13:57	1:07:05	1:06:43	13:21	131/136	M30-39	360/379	M
818	912	Mary Anne Doughert	PHILADELPHIA	PA F60-69	37:39	12:33	29:06	14:33	1:08:00	1:06:44	13:21	11/14	F60-69	453/494	F
819	1008	Ryan Hudak	PHILADELPHIA	PA M30-39	38:03	12:41	29:04	14:32	1:07:33	1:07:06	13:26	132/136	M30-39	361/379	M
820	1581	Chrystall Jenkins	EASTON	PA F30-39	33:05	11:02	34:15	17:08	1:07:36	1:07:20	13:28	188/201	F30-39	454/494	F
821	979	Dwight Hayden	FOLCROFT	PA M70+	38:43	12:55	28:47	14:24	1:07:59	1:07:29	13:30	3/3	M70+	362/379	M
822	1931	Erin Dowling	PHILADELPHIA	PA F30-39	39:02	13:01	28:29	14:15	1:08:03	1:07:30	13:30	189/201	F30-39	455/494	F
823	1784	Jennifer Vrana	PHILADELPHIA	PA F40-49	38:21	12:47	29:16	14:38	1:08:00	1:07:37	13:32	66/74	F40-49	456/494	F
824	1713	Kathy Romeu	OAKS	PA F50-59	37:48	12:36	30:58	15:29	1:09:41	1:08:45	13:45	36/41	F50-59	457/494	F
825	1265	Hoai-Quoc Vinh	PHILADELPHIA	PA M20-29	40:25	13:29	28:38	14:19	1:10:52	1:09:03	13:49	93/97	M20-29	363/379	M

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
826	1266	Kristen Vinh	PHILADELPHIA	PA F20-29	40:27	13:29	28:37	14:19	1:10:51	1:09:04	13:49	153/161	F20-29	458/494	F
827	1989	Elaine Tran Weigel	PHILADELPHIA	PA F20-29	40:06	13:22	28:59	14:30	1:09:52	1:09:04	13:49	154/161	F20-29	459/494	F
828	1922	Tammy Walker	PHILADELPHIA	PA F40-49					1:10:50	1:09:07	13:50	67/74	F40-49	460/494	F
829	1416	Samantha Wend	PHILADELPHIA	PA F20-29	40:09	13:23	28:59	14:30	1:09:52	1:09:07	13:50	155/161	F20-29	461/494	F
830	1924	Cynthia Allen	PHILADELPHIA	PA F40-49	37:39	12:33	31:29	15:45	1:10:50	1:09:08	13:50	68/74	F40-49	462/494	F
831	1765	Terrence Thomas		-- M30-39	40:09	13:23	28:59	14:30	1:09:53	1:09:08	13:50	133/136	M30-39	364/379	M
832	1873	Shaisha Burroughs	WARMINSTER	PA F30-39	36:45	12:15	32:36	16:18	1:10:41	1:09:21	13:53	190/201	F30-39	463/494	F
833	1675	Robert Opiola	PHILADELPHIA	PA M60-69	40:16	13:26	29:44	14:52	1:11:29	1:09:59	14:00	21/21	M60-69	365/379	M
834	825	Carol Berger	PHILADELPHIA	PA F50-59	41:15	13:45	28:47	14:24	1:11:24	1:10:01	14:01	37/41	F50-59	464/494	F
835	1295	Chuck Zerambo	PHILADELPHIA	PA M50-59	41:15	13:45	28:46	14:23	1:11:24	1:10:01	14:01	51/53	M50-59	366/379	M
836	1803	Robert Zeiger	BRISTOL	PA M40-49	41:30	13:50	28:31	14:16	1:11:24	1:10:01	14:01	63/66	M40-49	367/379	M
837	1199	Desiree Salera	PHILADELPHIA	PA F40-49	40:45	13:35	29:35	14:48	1:10:41	1:10:19	14:04	69/74	F40-49	465/494	F
838	1228	Jane Smith	PHILADELPHIA	PA F60-69	40:37	13:33	30:02	15:01	1:11:17	1:10:38	14:08	12/14	F60-69	466/494	F
839	1035	Sandra Kerstetter	PHILADELPHIA	PA F30-39	39:44	13:15	30:59	15:30	1:12:35	1:10:43	14:09	191/201	F30-39	467/494	F
840	1281	Rebecca Wetzler	WYNNEWOOD	PA F30-39	40:57	13:39	29:49	14:55	1:12:31	1:10:46	14:10	192/201	F30-39	468/494	F
841	888	Joe Costello	WYNNEWOOD	PA M30-39	40:58	13:40	29:49	14:55	1:12:31	1:10:46	14:10	134/136	M30-39	368/379	M
842	1426	Laura Arendacs	HUMMELSTOWN	PA F30-39	40:20	13:27	30:40	15:20	1:12:00	1:11:00	14:12	193/201	F30-39	469/494	F
843	812	Bree Archambault	PHILADELPHIA	PA F40-49	40:24	13:28	30:52	15:26	1:12:43	1:11:16	14:16	70/74	F40-49	470/494	F
844	1653	Donna Morgis	SELLERSVILLE	PA F50-59	40:17	13:26	31:08	15:34	1:12:40	1:11:25	14:17	38/41	F50-59	471/494	F
845	1287	Elizabeth Wingfiel	PHILADELPHIA	PA F20-29	41:31	13:51	30:02	15:01	1:13:15	1:11:32	14:19	156/161	F20-29	472/494	F
846	1715	Karron Ross	WILMINGTON	DE F50-59	41:47	13:56	30:06	15:03	1:13:01	1:11:53	14:23	39/41	F50-59	473/494	F
847	916	Aakanksha Dubey	HAVERFORD	PA F20-29	41:43	13:55	30:44	15:22	1:13:35	1:12:27	14:30	157/161	F20-29	474/494	F
848	1014	Umlaut James	FRANKLINVILLE	NJ M40-49	41:10	13:44	31:57	15:59	1:13:25	1:13:06	14:38	64/66	M40-49	369/379	M

849	1119	Lisa Murray	SICKLERVILLE	NJ F50-59	42:17	14:06	30:50	15:25	1:14:50	1:13:06	14:38	40/41	F50-59	475/494	F
850	1072	Dorrie Martin	PHILADELPHIA	PA F60-69	43:01	14:21	30:07	15:04	1:14:21	1:13:07	14:38	13/14	F60-69	476/494	F

SPLITS - 2019 BACK ON MY FEET 5 MILER

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Place	Bib#	Name	City	St Div	3mile	Pace	Last2mi	Pace	Guntime	Tagtime	Pace	Div/Tot	Div	Gen/Tot	G
851	1100	Veronica McNeish	HAVERTOWN	PA F30-39	41:11	13:44	32:01	16:01	1:13:31	1:13:11	14:39	194/201	F30-39	477/494	F
852	1046	Marisol Latimer	CHELTENHAM	PA F40-49	42:02	14:01	31:13	15:37	1:14:38	1:13:14	14:39	71/74	F40-49	478/494	F
853	1011	Mimi In	PHILADELPHIA	PA F40-49	39:46	13:15	33:59	17:00	1:15:38	1:13:44	14:45	72/74	F40-49	479/494	F
854	1577	Avery Hunter-Brook	PHILADELPHIA	PA M20-29	47:26	15:49	26:39	13:20	1:15:54	1:14:05	14:49	94/97	M20-29	370/379	M
855	1622	Lauren Manzi	PHILADELPHIA	PA F20-29	47:27	15:49	26:42	13:21	1:15:56	1:14:09	14:50	158/161	F20-29	480/494	F
856	1761	Steven Sztenderowi	PHILADELPHIA	PA M20-29	42:49	14:17	31:26	15:43	1:16:01	1:14:14	14:51	95/97	M20-29	371/379	M
857	1558	Caitlin Harvey	PHILADELPHIA	PA F30-39	42:50	14:17	31:26	15:43	1:16:02	1:14:15	14:51	195/201	F30-39	481/494	F
858	1560	Tashanna Hatten	PHILADELPHIA	PA F30-39	42:16	14:06	32:06	16:03	1:14:57	1:14:21	14:53	196/201	F30-39	482/494	F
859	1515	Patrick Eddis	GLENSIDE	PA M40-49	42:43	14:15	31:58	15:59	1:15:14	1:14:41	14:57	65/66	M40-49	372/379	M
860	1640	Eddie Melendez	PHILADELPHIA	PA M20-29	47:27	15:49	27:47	13:54	1:17:03	1:15:14	15:03	96/97	M20-29	373/379	M
861	1615	Seth Linder	PHILADELPHIA	PA M20-29	47:28	15:50	27:48	13:54	1:17:03	1:15:16	15:03	97/97	M20-29	374/379	M
862	1468	Scott Catron	PHILADELPHIA	PA M40-49	47:29	15:50	27:47	13:54	1:17:02	1:15:16	15:04	66/66	M40-49	375/379	M
863	1417	Margo Willis	PHILADELPHIA	PA F50-59	44:58	15:00	33:23	16:42	1:20:11	1:18:21	15:41	41/41	F50-59	483/494	F
864	854	Michael Butler	PHILADELPHIA	PA M50-59	45:50	15:17	34:05	17:03	1:21:08	1:19:55	15:59	52/53	M50-59	376/379	M
865	1382	Michelle Patterson	PHILADELPHIA	PA F40-49	46:30	15:30	33:51	16:56	1:22:02	1:20:20	16:04	73/74	F40-49	484/494	F
866	1658	Lawanda Moultrie	DARBY	PA F30-39	43:37	14:33	38:05	19:03	1:23:18	1:21:41	16:21	197/201	F30-39	485/494	F
867	1023	Natasha Jones	PHILADELPHIA	PA F30-39	43:36	14:32	38:06	19:03	1:23:19	1:21:42	16:21	198/201	F30-39	486/494	F

868	1112	Fiona Moreno	PHILADELPHIA	PA F30-39	49:16 16:26	35:26 17:43	1:25:45 1:24:42	16:57 199/201	F30-39	487/494	F
869	1190	Rebecca Roller	PHILADELPHIA	PA F60-69	49:16 16:26	35:27 17:44	1:25:44 1:24:42	16:57 14/14	F60-69	488/494	F
870	1484	Isaac Core		-- M50-59	49:48 16:36	35:23 17:42	1:26:44 1:25:11	17:03 53/53	M50-59	377/379	M
871	975	Nicolette Harringt	PHILADELPHIA	PA F20-29	50:11 16:44	37:02 18:31	1:28:47 1:27:13	17:27 159/161	F20-29	489/494	F
872	1994	Rick Balliet	PHILADELPHIA	PA M30-39	51:14 17:05	36:47 18:24	1:29:22 1:28:00	17:36 135/136	M30-39	378/379	M
873	1467	Nathalia Castro	LAND O LAKES	FL F40-49	51:17 17:06	36:46 18:23	1:29:22 1:28:03	17:37 74/74	F40-49	490/494	F